

国府台病院

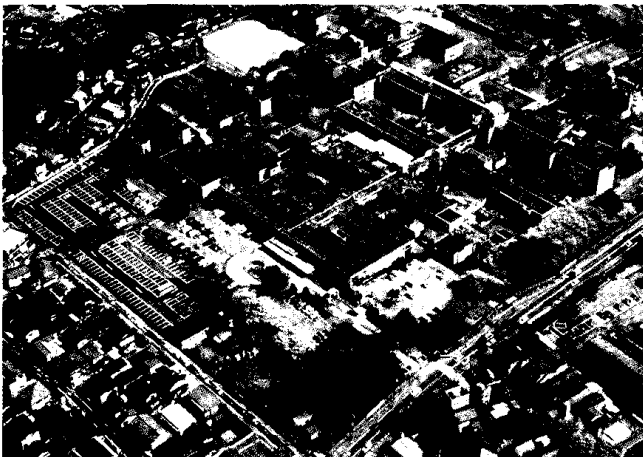
Kohnodai Hospital
National Center of Neurology & Psychiatry (Choshi)

国府台病院の概要

Kohnodai Hospital: An overview

国府台病院は精神、神経、心身の病気を中心に診断、治療、臨床研究に精力的に取り組んでいる。総合診療機能を備えており、精神・神経疾患の身体合併症医療は勿論のこと、地域の総合病院としての役割を果たしている。国府台病院の理念は「わが国の政策医療を実践する中核的医療機関として、精神・神経・筋・発達障害ならびに心身症を中心に専門的・先駆的医療を行う。国民と患者の信頼に応えるべく、病院の全機能を挙げ、誠意を尽くして奉仕する」である。

Kohnodai Hospital is vigorously involved in the diagnosis, treatment and clinical research of psychiatry, neurology and psychosomatic medicine. We have a function as general hospital in the region, and also provide comprehensive medical care for the patients with physical diseases and mental or neurological disorders. The philosophy of Kohnodai Hospital can be summarized as follows. "Kohnodai Hospital, as the National Center that practice Policy-Based Medical Services, provide the specialized and advanced treatment for a wide range of medical conditions mainly on mental, neurological, developmental and psychosomatic disorders. All staff of Kohnodai Hospital make every effort to fulfill our object and trust for general people and patients."



◎ 外来部 Department of Outpatient Clinic

当院は総合病院であり、精神科・神経内科・心療内科の他に内科・消化器科・循環器科・外科・整形外科・脳神経外科・産婦人科・眼科・耳鼻咽喉科・小児科・皮膚科・泌尿器科・放射線科があり、一日平均1200名以上の外来患者の診療にあたっている。診療の対象となる病気は多様であり、精神疾患・神経・筋疾患の様々な病気の診断・治療・リハビリテーションを行い、幅広い国民のニーズに応えている。当外来部門では地域連携医療にも力を注いでおり、周辺地域の医療機関へ当院の高度検査機能あるいは画像診断機能を提供している。又、神経難病や精神疾患の在宅医療支援を行っている。また、当院では質の高い高度な医療を提供するために、一般外来での診療に加えて専門外来にも力を入れている。現在、次の18種類の専門外来を実施している。

- ・喘息 ・糖尿病 ・パーキンソン病 ・脊髄小脳変性症 ・ALS
- ・ダウン症 ・乳児健診 ・乳腺 ・てんかん外科 ・骨粗鬆症
- ・頸椎 ・コンチネンス(尿失禁) ・更年期 ・神経眼科
- ・味と匂いの外来 ・めまい ・睡眠障害 ・児童精神科

Kohnodai Hospital is a general hospital that consists not only of Psychiatry, Neurology and Psychosomatic Medicine but also of Internal Medicine, Gastrointestinal, Cardiovascular, Surgical, Orthopedic, Neurosurgical, Obstetrics and Gynecology, Ophthalmology, Pediatric, Dermatology, Urology, and Radiology departments. Kohnodai hospital provides medical care to a daily average of over 1,200 outpatients. It provides diagnosis, treatment and rehabilitation for a variety of diseases including mental disorders and neuro-muscular disorders, responding to a wide variety of demands from people. The Outpatient Unit is also vigorously involved in medical services, providing high-level examinations and diagnostic imaging to the medical institutions in the region. For patients with intractable neurological or mental diseases, Kohnodai hospital supports home care. Moreover, it provides medical care of high standards, serving outpatients in need of general care as well as outpatients requiring special care. At present, there are eighteen special care units for outpatients:

Asthma, diabetes, Parkinson disease, spinocerebellar degeneration, ALS, Down's syndrome, infant medical checkup, breast examination, epileptic surgery, osteoporosis, cervical spondylosis, urinary incontinence, menopausal disorder, neuroophthalmology, outpatient care for taste and smell, dizziness, sleep disorders, and child psychiatry.

◎ 第一病棟部 Section of the 1st hospital ward (Department of Psychiatry)

限りなく身体科に近い治療環境と医療水準を目指し、ノーマライゼーションを実践している。心理教育による患者、家族への支援、パルス波ECT器による電気けいれん療法などにより、入院期間の短縮化を進めており、平均在院日数は全国平均の1/4以下である80日台となっている。あらゆる時間帯の精神科救急と、妊娠からAIDSに至るまで、様々な身体合併症医療に対応している。臨床研究として、睡眠障害の検査と治療、非定型抗精神病薬やSSRIなどの、新薬の治験、包括的地域生活支援プログラム(Assertive Community Treatment: ACT)などを行っている。

The Department of Psychiatry practices normalization aimed at creating a standard of medical treatment and a therapeutic environment that continually facilitates the achievement of the highest level of good health possible. The average length of a hospital stay is eighty days, which is less than one fourth the national average. This shortening of hospital stays has been achieved by advances in treatment and care including providing support to patients and their families based on psychoeducation, the careful application of modified electroconvulsive therapy (m-ECT) using wave ECT equipment, and various other practices. The Department of Psychiatry also provides emergency psychiatric care at any time of the day or night as well as treatment for physical complications associated with mental and neurological disorders ranging from pregnancy to AIDS. Clinical research activities of the department include the examination and treatment of insomnia and other sleep disorders, the conduct of trials of new medications such as atypical antipsychotics and SSRI, and active involvement in Assertive Community Treatment (ACT) programs.

◎ 児童・思春期精神科 Child and Adolescent Psychiatry Division

幼児期から思春期までの子どもの心の病気に対する治療・援助を提供しており、外来診療部と入院病棟から構成される。主な対象疾患は不登校、身体症状、自傷行動、家庭内暴力、退行、反抗、非行などをもたらす子どもの多彩な精神疾患と発達障害である。入院部門には市川市立小中学校の院内学級が併設されており、医療と教育の連携の下に、入院児童と家族に精神医学的治療と心身にわたる発達援助を実施している。

This division provides treatment and support for mental disorders in children from infancy to adolescence. This division consists of an outpatient care unit and inpatient care unit. The main mental disorders to be treated here are developmental disorders, such as pervasive developmental disorders and attention-deficit/hyperactivity disorder, and emotional and behavioral disorders, which lead children to such difficulties as school refusal, somatization, self-harming behaviors, violence on family members, gross regression, opposition to adults, delinquent behaviors, etc. Classrooms of municipal elementary school and junior high school are attached to the inpatient care unit. The inpatient care unit provides not only psychiatric treatment for hospitalized children and their families, but also support to mental and physical development of them, under the collaboration between a variety of medical and educational specialists, such as psychiatrist, nurse, clinical psychologist, teacher, social worker, and occupational therapist.

◎ 第二病棟部 Section of the 2nd hospital ward

第二病棟部は精神科を除く一般科14科が入院診療を行う6病棟(274床)からなっている。神経内科を除き、混合病棟である。大きな特徴は、神経難病(ALS等)の全国的な診療拠点となっていることや精神科身体合併症病棟があることなどである。また、心療内科も20数病床を有し、摂食障害や心身症の診療を行っている全国的にもユニークな病棟構成である。従来より地域に根ざした総合病院機能を維持してきた病院であるために他の一般科の診療も充実しており、内科、消化器科、循環器科、小児科、外科、整形外科、産婦人科、耳鼻科、眼科、泌尿器科、脳外科がそれぞれ病床を持って診療を行っている。ナショナルセンターの病院として精神・神経疾患への先端的医療の実現を目指しながら地域にも目を向けた診療体制を組んでいる。

Ward II consists of six wards (274 beds) in which there are fourteen general care departments offering inpatient care, other than the Department of Psychiatry. Ward II provides mixed wards for departments other than the Department of Neurology. Major features of Ward II include it being a national medical care base for intractable neurological diseases (ALS, etc.) and it providing a ward for patients with psychiatric disorders and concomitant physical diseases. In addition, the Department of Psychosomatic Medicine provides twenty or more beds for the medical care of eating disorders and psychosomatic disorders. Thus, the hospital has a composition of wards unique in Japan. By maintaining its function as community-based general hospital, it has consolidated its general care medical services in its other departments. Also, each department of internal medicine, i.e. the Gastrointestinal, Cardiovascular, Pediatric, Surgical, Orthopedic, Obstetrics and Gynecology, Ophthalmology, Urology, and Neurosurgical departments, provides medical care and beds. As a national center hospital, the hospital is engaged in establishing a medical care system that allows not only the practice of leading-edge medical care for psychological and neurological disorders but also the providing of a community-based medical service.

◎ 放射線診療部 Department of Radiology

CT・MRI・ガンマカメラ・X線骨密度測定装置・X線テレビ・血管撮影装置・CR等の最先端の画像診断装置と、放射線治療を行うリニアックが設置されており、これらの医療機器を駆使し、政策医療分野における高度先駆的な診療を行なっている。また、このような医療資源を地域の医療機関にも有効利用していただいている病診連携の下、近隣の医療関係者の方々を招いて行われる「画像セミナー」や、放射線診療部内覧会も開催され、地域に開かれた放射線診療部を目指している。

The Department of Radiology is equipped with the most advanced diagnostic imaging equipment including CT, MRI, gamma camera, X-ray bone density measuring apparatus, X-ray television, angiography equipment, and CR, amongst others. The department is also equipped with a linear accelerator which is used in radiological treatment. The most is made of these medical devices and equipment to provide high-level pioneering treatment in fields set forth in medical policy. In addition, beneficial use is also made of these medical resources by regional medical institutions through cooperative contacts with them in the provision of suitable radiological medical care. The department holds "imaging" and radiological treatment seminars, where it invites medical professionals from other medical facilities in the region with the aim of promoting radiological treatment services in the area.

◎ 手術部 Department of Surgery

手術部長・手術室医長・麻酔科医長・看護師長・看護師・看護助手の計13名より成り立っている。平成11年9月～12年5月に手術室の大々的な改修工事が行われた。手術室数は4つと変わらないが第一手術室が新たに増築された。諸々の医療機器を運び込めるだけの充分な広さを持ったもので、Cアーム下でのIVR、内視鏡外科手術が積極的に行われている。またヘパフィルター完備によるクリーンルームとしての機能を有しており、無菌手術が可能である。記録室は広い窓を備えた明るい部屋で快適に仕事ができる様作られている。年間1000例前後の一般科手術が行われるが、センターの性格上、精神・神経難病合併症患者の占める割合が多い。また年間800例強の精神病患者が全麻下に修正電気痙攣療法を受けていることは他の施設には見られない特徴である。

The Department of Operation has a total of thirteen highly specialized staff including the head of operation, chief operating room physician, chief anesthesiologist, head nurse, registered nurses and nursing assistants. From September 1999 through May 2000, the operation rooms of the department underwent major renovations. Although the number of operation rooms remained unchanged at four, operation room No. 1 was newly enlarged. The newly expanded space afforded plenty of room to bring in a wide variety of medical equipment, which has permitted the active performance of operations using fiberscopes and IVRs with C arms. In addition, the operation room is fully equipped with HEPA filters enabling it to function as a clean room and making aseptic operation possible. The recording room is brightly lit and has large windows, permitting a comfortable operation environment. Although the department performs about 1,000 operation procedures each year, given the nature of the Center, a large percentage of the patients have debilitating conditions or complications associated with mental or neurological disorders. Another unique feature of the department not seen at other facilities is that more than 800 patients with mental illness undergo modified electroconvulsive therapy under general anesthesia.



※ご注意※
修正電気けいれん療法の適応は、当院精神科の「ガイドライン」によって厳密に定められており、ご本人、ご家族の同意を得た後にケース検討会議で正式に実施するかどうかが決定されます。

The indication of mECT in each case is decided in the case conference according to the Guideline of mECT in this hospital after getting the consent from the patient and family.

◎ 臨床検査部 Department of Laboratory Medicine

臨床検査部は生理検査(超音波検査を含む)、検体検査(微生物検査および輸血検査を含む)および病理検査(剖検を含む)より成り立ち、精神・神経センターとして担当すべき臨床検査分野および一般診療科における臨床検査分野の双方を担当していることは、総合的臨床検査部として諸種の検査に携わる職員の誇りでもある。職員は検査結果について内部精度管理を行うと共に、年に数度の外部精度管理を受けており、平成14年の日本医師会主催第36回臨床検査精度管理調査結果において99.8点の評価を受け、国立病院・療養所臨床検査部門内の最高位の順位を獲得している。近年緊急検査への要望が高まり、時間外緊急検査にも対応している。なお、当臨床検査部は日本臨床検査医学会および日本病理学会の研修施設に認定されている。

The Laboratory Medicine Department consists of the following sections: physiological testing (including ultrasonography), specimen testing (including microorganism testing and blood transfusion testing) and pathological testing (including autopsy). Thus, this division is engaged in the clinical laboratory areas required to fulfill both of the needs of the psychiatric/neurological center and the requirements of general medical care departments. The staff members are involved in various types of testing in the division's function as a general clinical laboratory. Both internal and external accuracy controls regarding the testing results are performed several times a year. In the 36th Clinical Laboratory Test Accuracy Control Survey by the Japan Medical Association in 2002, the accuracy control in this department was scored as 99.8 points, which was the top rank in the group of clinical laboratory departments of national hospitals and sanatoriums. Due to the increasing demand for emergency testing in recent years, this department offers after-hours emergency testing. This Laboratory Medicine Department is certified as a training facility of the Japanese Society of Laboratory Medicine and the Japanese Society of Pathology.

リハビリテーション部 Department of Rehabilitation Medicine

理学療法部門、精神科作業療法部門および言語療法部門で構成され、各種身体機能障害患者のQOL向上を担っている。当院は精神疾患患者、神経・筋疾患患者ばかりでなく一般科を擁する総合病院であるため、特に理学療法部門は各科に固有の身体機能障害ばかりでなく、たとえば精神疾患患者の整形外科的合併症に基づく機能障害など、極めて多彩な障害の評価と治療に携わっている。一方、作業療法部門は精神障害者を主な対象としている。

This department consists of the Physiotherapy, Psychiatric Occupational Therapy and Speech Therapy Sections, and is engaged in the improvement of QOL in patients with various physical disabilities. Since this is a general hospital providing services not only for patients with mental and neuro-muscular disorders but also for general care patients, the Physiotherapy Section in particular is engaged in the evaluation and treatment of a wide variety of disorders, including physical and mental disorders due to concomitant orthopedic diseases. The major target of the Occupational Therapy Section, however, is patients with mental disorders.

心理・指導部 Department of Clinical Psychology, Counseling and Social Services

心理・指導部は心理部門とソーシャルワーカー部門から構成されている。心理部門は、臨床心理技術者による知的能力、自我機能、認知機能等の評価を行うための心理検査と、医師の指示のもとに行われる様々な技法の心理療法の主な業務である。一方、ソーシャルワーカー部門は、精神保健福祉士及び社会福祉士の資格を有するソーシャルワーカーが、社会福祉の観点から、ユーザー本人および家族が抱える心理社会的諸問題の解決ないし調整を援助し社会復帰の促進を図るなどの多彩な業務を行っている。両部門とも精神科医療における業務に限定せず、広く院内各診療科のニーズに添っている。

This division consists of the Clinical Psychology Section and the Social Welfare Section. Clinical psychologists in this division assess various aspects of mental capacities, such as intellectual ability, ego function, cognitive function, etc. with various psychological tests. They also provide a variety of psychotherapy techniques for patients with mental disorders, under psychiatrist's instructions. Social workers in this division, who are Certified Social Worker and Psychiatric Social Worker in Japan, support both patients with mental or physical illnesses and their families in resolving various psychosocial difficulties and improving quality of their social lives. The duties of both sections are not limited to those of psychiatric division but also those of various physical divisions. Consultation Room by Social Workers is one of duties in this division.

薬剤部 Department of Pharmacy

調剤をはじめ特殊薬の製造、くすりの品質管理、くすりの服用歴や飲み合わせのチェック、くすりに関する情報の管理といった各業務を通してくすりに関するすべてを取り扱い、これを管理している。また、ベッドサイドでの服薬指導を通してくすりの説明をしたり、副作用が起きていないかチェックしたり、くすりの相談等を実施している。

This division handles and manages all drug related matters through the following duties: dispensing, pharmaceutical preparation, quality management of drugs, checking of history of medication and drug interactions, and the management of drug information. In addition, the division also provides the explanations of drugs to patients through the instruction of how to use drugs, the checking of the presence/absence of side effects, the giving of drug counseling, etc.



看護部 Department of Nursing

精神には7看護単位、一般には6看護単位あり、高度・先駆的な精神・神経疾患の専門病院として質の高い看護の提供を目指している。一般疾患と精神合併を有する患者の看護及び神経難病患者の在宅人工呼吸療法支援や、年々増加している摂食障害患者の治療環境を整える看護等を行っている。院内教育は精神・神経・心身・児童精神科領域の専門看護師(エキスパートナース)育成に力を入れている。また、看護大学校や看護学校9校の学生の実習施設として看護教育に貢献している。

The Nursing Division consists of seven psychiatric nursing units and six general nursing units. It aims to provide the highest quality nursing services in a hospital specializing in high-level innovative medical care for psychological and neurological disorders. This division provides a variety of nursing services such as care to psychiatric patients with other medical complications for the ever increasing number of eating disorder patients. Importance is placed on in-house training and education to develop Nursing Specialists in general, neurological, psychosomatic and pediatric psychiatric care. In addition, this division contributes to nursing education as a training facility for students of nine nursing colleges and nursing schools.

治験管理室 Clinical Research Unit

治験管理室では、新薬の開発のために治験を行っている。治験に参加していただいた患者様に対し、専任の治験コーディネーターが担当医と協力し、患者様のプライバシーと安全について最大限サポートしている。また、当院は内科、外科などの一般科診療機能もすべて備わっており、治験に参加した患者様が、合併症を生じた時にもすぐに対応できる特徴を有している。

The Clinical Research Unit is involved in clinical trials to develop new drugs. For patients who participate in clinical trials, the full-time Clinical Research Coordinator provides maximum support for both the safety and privacy, in cooperation with the physicians in charge. Since this hospital is equipped with all general medical care functions including Departments of Internal Medicine and Surgery, immediate actions can be taken if a patient participating in a trial develops a concomitant disease.

医療福祉相談室 Medical and Welfare Consultation Unit

患者様とその家族が抱える心理的・社会的問題の解決を援助する社会福祉専門職としてのソーシャルワーカー3名(社会福祉士、精神保健福祉士国家資格保持)を配置。医療スタッフからの紹介並びに患者様とその家族からの直接の相談にも対応している。「病い」を抱えながらも社会生活を維持・向上し、社会復帰・社会参加への歩みに同伴しながら、様々な援助・支援活動を展開している。

Three social workers, all of them are Certified Social Worker and Psychiatric Social Worker in Japan, are assigned to this room as social welfare specialist. They support patients and their families in resolving their psychosocial difficulties. They provide consulting services to patients and their families not only on the recommendation of the health care staff but also by direct requests. Here, various ongoing support activities are undertaken by the staff. They support patients go on with illness and improve their quality of social lives, and help them solve various difficulties in their social lives.

栄養管理室 Nutrition Control Unit

健康の源は、バランスのとれた食事と適度な運動が必要であると言われている。医療チームの一員として、各種疾患治療のため、入院患者様へ提供する食事の質と量を適性に調整している。また、栄養指導においては、危険要因の除去及び軽減のため、各種食品をどのように摂るとよいか、個人の食習慣・嗜好面とQOLを考慮し、入院・外来患者様への疾病治療と食習慣改善に貢献している。

It is said that a balanced diet and regular exercise are essential for good health. As a part of the medical care team, this unit performs appropriate adjustments to the quality and quantity of the meals served to inpatients. In addition, this unit contributes to the disease treatment and the improvement in eating habits for both inpatients and outpatients by providing nutrition advice regarding diets, taking into consideration the eating habits, tastes and QOL's of the patients to remove or reduce risk factors.