

問1 あなたの家族や生活状況について

上段:割合
下段:人数

属性	区分	全体	7. 年金の種類は次のどれですか						
			1.国民年金	2.厚生年金(企業年金なし)	3.厚生年金(企業年金あり)	4.共済年金	5.老齢福祉年金のみ	6.その他	無回答
総数	—	(100.0%) 30,493	(39.5%) 12,041	(18.4%) 5,618	(9.1%) 2,790	(5.2%) 1,599	(1.2%) 378	(1.6%) 500	(24.8%) 7,567
男性	65～69歳	(100.0%) 3,272	(20.8%) 681	(28.0%) 915	(21.1%) 691	(5.5%) 181	(0.4%) 12	(1.2%) 38	(23.0%) 754
	70～74歳	(100.0%) 3,269	(25.9%) 846	(25.6%) 836	(16.3%) 534	(6.0%) 197	(0.5%) 17	(0.9%) 28	(24.8%) 811
	75～79歳	(100.0%) 2,956	(31.5%) 931	(24.0%) 708	(11.7%) 346	(6.4%) 188	(0.9%) 28	(0.9%) 27	(24.6%) 728
	80～84歳	(100.0%) 2,040	(31.7%) 646	(20.9%) 426	(9.8%) 199	(9.8%) 199	(0.6%) 13	(0.7%) 14	(26.6%) 543
	85歳以上	(100.0%) 1,230	(31.5%) 388	(17.2%) 211	(7.3%) 90	(13.9%) 171	(1.6%) 20	(1.5%) 18	(27.0%) 332
	計	(100.0%) 12,767	(27.4%) 3,492	(24.3%) 3,096	(14.6%) 1,860	(7.3%) 936	(0.7%) 90	(1.0%) 125	(24.8%) 3,168
女性	65～69歳	(100.0%) 3,665	(41.3%) 1,515	(18.1%) 665	(7.8%) 287	(3.1%) 113	(0.7%) 27	(1.8%) 67	(27.0%) 991
	70～74歳	(100.0%) 4,001	(46.6%) 1,864	(17.4%) 696	(6.4%) 257	(2.8%) 112	(1.1%) 43	(2.1%) 86	(23.6%) 943
	75～79歳	(100.0%) 4,151	(50.4%) 2,092	(14.2%) 588	(4.7%) 197	(3.8%) 158	(1.9%) 79	(2.0%) 81	(23.0%) 956
	80～84歳	(100.0%) 3,169	(51.2%) 1,623	(11.2%) 355	(3.7%) 118	(4.9%) 155	(2.2%) 71	(2.0%) 63	(24.7%) 784
	85歳以上	(100.0%) 2,740	(53.1%) 1,455	(8.0%) 218	(2.6%) 71	(4.6%) 125	(2.5%) 68	(2.8%) 78	(26.5%) 725
	計	(100.0%) 17,726	(48.2%) 8,549	(14.2%) 2,522	(5.2%) 930	(3.7%) 663	(1.6%) 288	(2.1%) 375	(24.8%) 4,399
認定・該当状況	一般	(100.0%) 15,580	(36.4%) 5,676	(20.6%) 3,209	(10.8%) 1,690	(5.5%) 858	(0.8%) 124	(1.1%) 164	(24.8%) 3,859
	二次予防	(100.0%) 9,169	(44.3%) 4,065	(16.3%) 1,495	(7.1%) 652	(4.7%) 435	(1.5%) 140	(1.8%) 164	(24.2%) 2,218
	要支援	(100.0%) 2,082	(41.1%) 856	(14.8%) 308	(6.5%) 135	(5.9%) 123	(2.1%) 44	(4.0%) 84	(25.6%) 532
	要介護	(100.0%) 2,299	(43.8%) 1,008	(14.4%) 330	(6.3%) 145	(5.4%) 123	(2.3%) 54	(3.1%) 72	(24.7%) 567
所得段階	第1～3段階	(100.0%) 8,957	(46.3%) 4,147	(14.2%) 1,271	(5.2%) 468	(2.2%) 197	(1.7%) 151	(3.1%) 274	(27.3%) 2,449
	第4段階	(100.0%) 9,619	(56.9%) 5,473	(12.1%) 1,162	(4.1%) 399	(1.6%) 150	(1.7%) 167	(1.7%) 161	(21.9%) 2,107
	第5段階～	(100.0%) 10,514	(18.7%) 1,967	(27.6%) 2,901	(16.7%) 1,753	(11.3%) 1,192	(0.4%) 44	(0.5%) 48	(24.8%) 2,609
	不明	(100.0%) 1,403	(32.4%) 454	(20.2%) 284	(12.1%) 170	(4.3%) 60	(1.1%) 16	(1.2%) 17	(28.7%) 402
住宅の所有関係	持家	(100.0%) 27,075	(40.7%) 11,008	(18.5%) 5,016	(9.2%) 2,504	(5.7%) 1,538	(1.1%) 302	(1.3%) 350	(23.5%) 6,357
	借家・借間	(100.0%) 1,774	(28.4%) 504	(23.7%) 421	(11.0%) 196	(1.9%) 33	(2.9%) 52	(5.1%) 91	(26.9%) 477
	その他	(100.0%) 543	(34.3%) 186	(15.1%) 82	(8.1%) 44	(3.3%) 18	(2.0%) 11	(8.8%) 48	(28.4%) 154
	無回答	(100.0%) 1,101	(31.2%) 343	(9.0%) 99	(4.2%) 46	(0.9%) 10	(1.2%) 13	(1.0%) 11	(52.6%) 579
世帯構成	一人暮らし	(100.0%) 4,266	(35.3%) 1,507	(17.6%) 750	(7.6%) 326	(6.1%) 262	(1.6%) 70	(3.6%) 152	(28.1%) 1,199
	配偶者と二人暮らし	(100.0%) 7,966	(34.4%) 2,737	(22.7%) 1,810	(12.4%) 990	(6.5%) 521	(0.8%) 66	(0.9%) 68	(22.3%) 1,774
	配偶者以外と二人暮らし	(100.0%) 2,228	(41.6%) 927	(15.7%) 349	(6.4%) 142	(4.6%) 102	(2.2%) 48	(2.7%) 60	(26.9%) 600
	同居(三人以上)	(100.0%) 13,273	(44.1%) 5,851	(17.4%) 2,309	(8.4%) 1,110	(4.6%) 607	(1.2%) 161	(1.3%) 175	(23.1%) 3,060
	その他	(100.0%) 598	(36.6%) 219	(13.4%) 80	(8.0%) 48	(6.4%) 38	(1.3%) 8	(6.4%) 38	(27.9%) 167
	無回答	(100.0%) 2,162	(37.0%) 800	(14.8%) 320	(8.0%) 174	(3.2%) 69	(1.2%) 25	(0.3%) 7	(35.5%) 767

問1 あなたの家族や生活状況について

上段:割合
下段:人数

属性	区分	全体	8. 現在の暮らしの状況を総合的にみてどう感じていますか					9. 現在、収入のある仕事をしていますか		
			1. 苦しい	2. やや苦しい	3. ややゆとりがある	4. ゆとりがある	無回答	1. はい	2. いいえ	無回答
総数	—	(100.0%) 30,493	(18.1%) 5,514	(39.9%) 12,169	(30.7%) 9,355	(4.0%) 1,217	(7.3%) 2,238	(16.1%) 4,901	(79.6%) 24,269	(4.3%) 1,323
男性	65～69歳	(100.0%) 3,272	(22.1%) 724	(43.9%) 1,437	(25.6%) 838	(3.3%) 107	(5.1%) 166	(40.3%) 1,318	(56.9%) 1,861	(2.8%) 93
	70～74歳	(100.0%) 3,269	(20.6%) 672	(45.5%) 1,486	(25.9%) 847	(2.5%) 81	(5.6%) 183	(27.3%) 891	(69.3%) 2,264	(3.5%) 114
	75～79歳	(100.0%) 2,956	(18.1%) 534	(44.9%) 1,326	(28.4%) 840	(3.0%) 89	(5.6%) 167	(18.5%) 547	(77.5%) 2,290	(4.0%) 119
	80～84歳	(100.0%) 2,040	(14.1%) 288	(36.7%) 749	(38.4%) 783	(4.0%) 82	(6.8%) 138	(9.9%) 202	(84.4%) 1,721	(5.7%) 117
	85歳以上	(100.0%) 1,230	(12.0%) 147	(32.9%) 405	(40.0%) 492	(6.8%) 84	(8.3%) 102	(5.2%) 64	(89.6%) 1,102	(5.2%) 64
	計	(100.0%) 12,767	(18.5%) 2,365	(42.3%) 5,403	(29.8%) 3,800	(3.5%) 443	(5.9%) 756	(23.7%) 3,022	(72.4%) 9,238	(4.0%) 507
女性	65～69歳	(100.0%) 3,665	(19.6%) 720	(41.8%) 1,532	(29.0%) 1,063	(2.5%) 90	(7.1%) 260	(24.3%) 890	(72.9%) 2,671	(2.8%) 104
	70～74歳	(100.0%) 4,001	(20.4%) 818	(41.3%) 1,651	(27.9%) 1,117	(3.4%) 135	(7.0%) 280	(13.2%) 530	(82.7%) 3,308	(4.1%) 163
	75～79歳	(100.0%) 4,151	(17.0%) 705	(39.3%) 1,633	(30.0%) 1,246	(4.5%) 188	(9.1%) 379	(7.3%) 304	(87.4%) 3,627	(5.3%) 220
	80～84歳	(100.0%) 3,169	(15.3%) 485	(33.4%) 1,060	(35.7%) 1,130	(6.1%) 192	(9.5%) 302	(3.3%) 106	(90.6%) 2,871	(6.1%) 192
	85歳以上	(100.0%) 2,740	(15.4%) 421	(32.5%) 890	(36.5%) 999	(6.2%) 169	(9.5%) 261	(1.8%) 49	(93.2%) 2,554	(5.0%) 137
	計	(100.0%) 17,726	(17.8%) 3,149	(38.2%) 6,766	(31.3%) 5,555	(4.4%) 774	(8.4%) 1,482	(10.6%) 1,879	(84.8%) 15,031	(4.6%) 816
認定・該当状況	一般	(100.0%) 15,580	(14.6%) 2,273	(38.9%) 6,055	(34.1%) 5,318	(4.7%) 733	(7.7%) 1,201	(22.3%) 3,470	(73.4%) 11,439	(4.3%) 671
	二次予防	(100.0%) 9,169	(22.3%) 2,046	(41.7%) 3,824	(26.6%) 2,438	(3.0%) 273	(6.4%) 588	(10.9%) 1,000	(84.8%) 7,774	(4.3%) 395
	要支援	(100.0%) 2,082	(20.7%) 432	(38.3%) 798	(29.3%) 611	(3.8%) 80	(7.7%) 161	(2.4%) 50	(92.7%) 1,930	(4.9%) 102
	要介護	(100.0%) 2,299	(20.6%) 473	(38.6%) 888	(28.4%) 653	(4.2%) 96	(8.2%) 189	(2.2%) 51	(94.2%) 2,165	(3.6%) 83
所得段階	第1～3段階	(100.0%) 8,957	(26.4%) 2,366	(40.7%) 3,643	(22.5%) 2,019	(2.9%) 259	(7.5%) 670	(10.5%) 940	(84.6%) 7,579	(4.9%) 438
	第4段階	(100.0%) 9,619	(16.2%) 1,560	(38.7%) 3,721	(32.3%) 3,110	(4.3%) 417	(8.4%) 811	(9.1%) 873	(86.1%) 8,286	(4.8%) 460
	第5段階～	(100.0%) 10,514	(12.3%) 1,288	(39.8%) 4,182	(37.0%) 3,885	(4.8%) 504	(6.2%) 655	(26.2%) 2,751	(70.5%) 7,410	(3.4%) 353
	不明	(100.0%) 1,403	(21.4%) 300	(44.4%) 623	(24.3%) 341	(2.6%) 37	(7.3%) 102	(24.0%) 337	(70.8%) 994	(5.1%) 72
住宅の所有関係	持家	(100.0%) 27,075	(17.0%) 4,603	(40.4%) 10,938	(32.6%) 8,826	(4.2%) 1,133	(5.8%) 1,575	(16.7%) 4,532	(80.6%) 21,813	(2.7%) 730
	借家・借間	(100.0%) 1,774	(35.8%) 635	(43.8%) 777	(14.9%) 265	(1.1%) 19	(4.4%) 78	(12.3%) 218	(84.3%) 1,496	(3.4%) 60
	その他	(100.0%) 543	(21.2%) 115	(39.6%) 215	(24.1%) 131	(6.3%) 34	(8.8%) 48	(15.1%) 82	(82.7%) 449	(2.2%) 12
	無回答	(100.0%) 1,101	(14.6%) 161	(21.7%) 239	(12.1%) 133	(2.8%) 31	(48.8%) 537	(6.3%) 69	(46.4%) 511	(47.3%) 521
世帯構成	一人暮らし	(100.0%) 4,266	(21.6%) 922	(38.2%) 1,629	(29.2%) 1,244	(4.1%) 175	(6.9%) 296	(10.9%) 463	(85.1%) 3,631	(4.0%) 172
	配偶者と二人暮らし	(100.0%) 7,966	(16.0%) 1,273	(42.0%) 3,344	(33.5%) 2,672	(3.5%) 281	(5.0%) 396	(20.2%) 1,613	(77.8%) 6,196	(2.0%) 157
	配偶者以外と二人暮らし	(100.0%) 2,228	(24.3%) 542	(41.3%) 920	(25.0%) 558	(2.5%) 56	(6.8%) 152	(11.6%) 258	(84.2%) 1,876	(4.2%) 94
	同居(三人以上)	(100.0%) 13,273	(17.1%) 2,272	(40.4%) 5,356	(32.1%) 4,256	(4.6%) 604	(5.9%) 785	(16.8%) 2,229	(80.2%) 10,649	(3.0%) 395
	その他	(100.0%) 598	(18.1%) 108	(36.1%) 216	(25.8%) 154	(5.4%) 32	(14.7%) 88	(6.4%) 38	(89.6%) 536	(4.0%) 24
	無回答	(100.0%) 2,162	(18.4%) 397	(32.6%) 704	(21.8%) 471	(3.2%) 69	(24.1%) 521	(13.9%) 300	(63.9%) 1,381	(22.2%) 481

問1 あなたの家族や生活状況について

上段:割合
下段:人数

属性	区分	全体	10. お住まいは一戸建て、または共同住宅のどちらですか			11. お住まいは、次のどれにあたりますか					
			1.一戸建て	2.共同住宅	無回答	1.持家	2.民間賃貸住宅	3.公営賃貸住宅	4.借間	5.その他	無回答
総数	—	(100.0%) 30,493	(90.8%) 27,678	(5.3%) 1,605	(4.0%) 1,210	(88.8%) 27,075	(2.5%) 774	(2.5%) 764	(0.8%) 236	(1.8%) 543	(3.6%) 1,101
男性	65～69歳	(100.0%) 3,272	(91.9%) 3,007	(5.7%) 188	(2.1%) 77	(89.4%) 2,924	(3.3%) 108	(2.4%) 78	(0.8%) 26	(2.0%) 64	(2.2%) 72
	70～74歳	(100.0%) 3,269	(92.4%) 3,022	(4.6%) 150	(3.0%) 97	(90.5%) 2,957	(2.8%) 90	(2.0%) 67	(0.6%) 20	(1.6%) 52	(2.5%) 83
	75～79歳	(100.0%) 2,956	(91.3%) 2,698	(4.3%) 127	(4.4%) 131	(90.3%) 2,670	(2.2%) 65	(2.1%) 62	(0.6%) 19	(1.2%) 35	(3.6%) 105
	80～84歳	(100.0%) 2,040	(91.8%) 1,873	(3.9%) 79	(4.3%) 88	(91.4%) 1,864	(1.6%) 33	(1.9%) 39	(0.5%) 11	(0.6%) 13	(3.9%) 80
	85歳以上	(100.0%) 1,230	(90.5%) 1,113	(4.6%) 56	(5.0%) 61	(91.3%) 1,123	(1.9%) 23	(1.4%) 17	(0.2%) 3	(2.1%) 26	(3.1%) 38
	計	(100.0%) 12,767	(91.7%) 11,713	(4.7%) 600	(3.6%) 454	(90.4%) 11,538	(2.5%) 319	(2.1%) 263	(0.6%) 79	(1.5%) 190	(3.0%) 378
女性	65～69歳	(100.0%) 3,665	(91.8%) 3,366	(5.7%) 208	(2.5%) 91	(89.3%) 3,273	(3.0%) 111	(2.8%) 104	(1.0%) 38	(1.6%) 57	(2.2%) 82
	70～74歳	(100.0%) 4,001	(89.9%) 3,597	(6.5%) 260	(3.6%) 144	(87.3%) 3,492	(3.0%) 121	(3.8%) 152	(1.1%) 45	(1.4%) 56	(3.4%) 135
	75～79歳	(100.0%) 4,151	(89.4%) 3,709	(5.6%) 234	(5.0%) 208	(87.1%) 3,615	(2.5%) 102	(3.0%) 123	(0.9%) 39	(1.6%) 66	(5.0%) 206
	80～84歳	(100.0%) 3,169	(90.5%) 2,867	(4.7%) 149	(4.8%) 153	(87.8%) 2,782	(2.0%) 63	(2.2%) 71	(0.6%) 20	(2.4%) 75	(5.0%) 158
	85歳以上	(100.0%) 2,740	(88.5%) 2,426	(5.6%) 154	(5.8%) 160	(86.7%) 2,375	(2.1%) 58	(1.9%) 51	(0.5%) 15	(3.6%) 99	(5.2%) 142
	計	(100.0%) 17,726	(90.1%) 15,965	(5.7%) 1,005	(4.3%) 756	(87.7%) 15,537	(2.6%) 455	(2.8%) 501	(0.9%) 157	(2.0%) 353	(4.1%) 723
認定・該当状況	一般	(100.0%) 15,580	(92.0%) 14,340	(4.3%) 675	(3.6%) 565	(90.1%) 14,039	(2.4%) 379	(2.2%) 342	(0.6%) 90	(1.2%) 183	(3.5%) 547
	二次予防	(100.0%) 9,169	(90.6%) 8,311	(5.5%) 503	(3.9%) 355	(88.8%) 8,145	(2.5%) 228	(2.8%) 261	(1.0%) 89	(1.4%) 131	(3.4%) 315
	要支援	(100.0%) 2,082	(84.6%) 1,761	(9.8%) 205	(5.6%) 116	(82.8%) 1,723	(3.9%) 82	(4.6%) 96	(1.4%) 30	(2.7%) 57	(4.5%) 94
	要介護	(100.0%) 2,299	(86.3%) 1,983	(8.0%) 184	(5.7%) 132	(84.1%) 1,933	(2.5%) 57	(2.3%) 54	(0.5%) 11	(6.1%) 141	(4.5%) 103
所得段階	第1～3段階	(100.0%) 8,957	(84.5%) 7,567	(10.0%) 900	(5.5%) 490	(80.7%) 7,231	(4.3%) 383	(5.7%) 507	(1.6%) 142	(3.0%) 272	(4.7%) 422
	第4段階	(100.0%) 9,619	(93.6%) 9,005	(2.6%) 252	(3.8%) 362	(92.0%) 8,854	(1.5%) 141	(1.1%) 103	(0.3%) 33	(1.1%) 101	(4.0%) 387
	第5段階～	(100.0%) 10,514	(93.1%) 9,793	(3.9%) 408	(3.0%) 313	(92.5%) 9,726	(2.1%) 218	(1.3%) 141	(0.4%) 45	(1.3%) 136	(2.4%) 248
	不明	(100.0%) 1,403	(93.6%) 1,313	(3.2%) 45	(3.2%) 45	(90.1%) 1,264	(2.3%) 32	(0.9%) 13	(1.1%) 16	(2.4%) 34	(3.1%) 44
住宅の所有関係	持家	(100.0%) 27,075	(97.6%) 26,428	(0.9%) 234	(1.5%) 413	(100.0%) 27,075	—	—	—	—	—
	借家・借間	(100.0%) 1,774	(26.7%) 474	(63.0%) 1,118	(10.3%) 182	—	(43.6%) 774	(43.1%) 764	(13.3%) 236	—	—
	その他	(100.0%) 543	(53.0%) 288	(31.5%) 171	(15.5%) 84	—	—	—	—	(100.0%) 543	—
	無回答	(100.0%) 1,101	(44.3%) 488	(7.4%) 82	(48.2%) 531	—	—	—	—	—	(100.0%) 1,101
世帯構成	一人暮らし	(100.0%) 4,266	(81.8%) 3,491	(13.8%) 590	(4.3%) 185	(77.4%) 3,301	(6.7%) 285	(7.7%) 330	(2.3%) 100	(2.3%) 96	(3.6%) 154
	配偶者と二人暮らし	(100.0%) 7,966	(93.4%) 7,438	(4.8%) 382	(1.8%) 146	(92.1%) 7,338	(2.6%) 210	(2.6%) 204	(0.5%) 38	(1.2%) 97	(1.0%) 79
	配偶者以外と二人暮らし	(100.0%) 2,228	(90.2%) 2,009	(6.5%) 145	(3.3%) 74	(86.6%) 1,930	(3.9%) 86	(3.6%) 81	(1.1%) 24	(1.6%) 36	(3.2%) 71
	同居(三人以上)	(100.0%) 13,273	(96.3%) 12,788	(1.7%) 231	(1.9%) 254	(95.1%) 12,626	(1.0%) 128	(0.7%) 88	(0.4%) 48	(0.9%) 116	(2.0%) 267
	その他	(100.0%) 598	(53.0%) 317	(27.3%) 163	(19.7%) 118	(51.3%) 307	(3.8%) 23	(1.8%) 11	(1.3%) 8	(30.4%) 182	(11.2%) 67
	無回答	(100.0%) 2,162	(75.6%) 1,635	(4.3%) 94	(20.0%) 433	(72.8%) 1,573	(1.9%) 42	(2.3%) 50	(0.8%) 18	(0.7%) 16	(21.4%) 463

問1 あなたの家族や生活状況について

属性	区分	全体	12. お住まい(主に生活する部屋)は2階以上にありますか			13. (2階以上の方)お住まいにエレベーターは設置されていますか		
			1. はい	2. いいえ	無回答	1. はい	2. いいえ	無回答
総数	—	(100.0%) 30,493	(24.6%) 7,496	(70.7%) 21,565	(4.7%) 1,432	(4.9%) 368	(87.3%) 6,546	(7.8%) 582
男性	65～69歳	(100.0%) 3,272	(34.3%) 1,123	(62.7%) 2,053	(2.9%) 96	(3.1%) 35	(90.8%) 1,020	(6.1%) 68
	70～74歳	(100.0%) 3,269	(30.4%) 994	(66.8%) 2,183	(2.8%) 92	(2.4%) 24	(90.0%) 895	(7.5%) 75
	75～79歳	(100.0%) 2,956	(25.4%) 751	(69.9%) 2,066	(4.7%) 139	(3.5%) 26	(88.9%) 668	(7.6%) 57
	80～84歳	(100.0%) 2,040	(23.0%) 469	(70.9%) 1,447	(6.1%) 124	(4.3%) 20	(87.2%) 409	(8.5%) 40
	85歳以上	(100.0%) 1,230	(21.5%) 264	(72.8%) 895	(5.8%) 71	(10.6%) 28	(82.6%) 218	(6.8%) 18
	計	(100.0%) 12,767	(28.2%) 3,601	(67.7%) 8,644	(4.1%) 522	(3.7%) 133	(89.1%) 3,210	(7.2%) 258
女性	65～69歳	(100.0%) 3,665	(25.8%) 945	(71.1%) 2,604	(3.2%) 116	(3.7%) 35	(88.5%) 836	(7.8%) 74
	70～74歳	(100.0%) 4,001	(24.0%) 959	(71.5%) 2,862	(4.5%) 180	(5.1%) 49	(86.9%) 833	(8.0%) 77
	75～79歳	(100.0%) 4,151	(20.2%) 838	(73.8%) 3,064	(6.0%) 249	(5.8%) 49	(84.5%) 708	(9.7%) 81
	80～84歳	(100.0%) 3,169	(19.7%) 625	(74.2%) 2,352	(6.1%) 192	(9.0%) 56	(82.4%) 515	(8.6%) 54
	85歳以上	(100.0%) 2,740	(19.3%) 528	(74.4%) 2,039	(6.3%) 173	(8.7%) 46	(84.1%) 444	(7.2%) 38
	計	(100.0%) 17,726	(22.0%) 3,895	(72.9%) 12,921	(5.1%) 910	(6.0%) 235	(85.6%) 3,336	(8.3%) 324
認定・該当状況	一般	(100.0%) 15,580	(26.0%) 4,055	(69.3%) 10,795	(4.7%) 730	(3.5%) 143	(88.5%) 3,587	(8.0%) 325
	二次予防	(100.0%) 9,169	(24.1%) 2,214	(71.4%) 6,550	(4.4%) 405	(4.4%) 97	(87.9%) 1,947	(7.7%) 170
	要支援	(100.0%) 2,082	(19.1%) 397	(75.6%) 1,574	(5.3%) 111	(13.6%) 54	(79.3%) 315	(7.1%) 28
	要介護	(100.0%) 2,299	(23.4%) 538	(71.4%) 1,641	(5.2%) 120	(12.8%) 69	(81.4%) 438	(5.8%) 31
所得段階	第1～3段階	(100.0%) 8,957	(22.4%) 2,002	(71.8%) 6,428	(5.9%) 527	(6.8%) 137	(83.8%) 1,678	(9.3%) 187
	第4段階	(100.0%) 9,619	(21.8%) 2,098	(73.2%) 7,039	(5.0%) 482	(3.7%) 78	(88.2%) 1,851	(8.1%) 169
	第5段階～	(100.0%) 10,514	(29.4%) 3,092	(67.2%) 7,065	(3.4%) 357	(4.6%) 143	(89.0%) 2,752	(6.4%) 197
	不明	(100.0%) 1,403	(21.7%) 304	(73.6%) 1,033	(4.7%) 66	(3.3%) 10	(87.2%) 265	(9.5%) 29
住宅の所有関係	持家	(100.0%) 27,075	(24.3%) 6,591	(72.8%) 19,720	(2.8%) 764	(2.4%) 161	(89.9%) 5,924	(7.7%) 506
	借家・借間	(100.0%) 1,774	(32.7%) 580	(63.2%) 1,121	(4.1%) 73	(17.9%) 104	(75.3%) 437	(6.7%) 39
	その他	(100.0%) 543	(32.0%) 174	(63.7%) 346	(4.2%) 23	(51.1%) 89	(45.4%) 79	(3.4%) 6
	無回答	(100.0%) 1,101	(13.7%) 151	(34.3%) 378	(52.0%) 572	(9.3%) 14	(70.2%) 106	(20.5%) 31
世帯構成	一人暮らし	(100.0%) 4,266	(20.4%) 872	(74.8%) 3,190	(4.8%) 204	(8.1%) 71	(81.5%) 711	(10.3%) 90
	配偶者と二人暮らし	(100.0%) 7,966	(25.3%) 2,017	(72.1%) 5,742	(2.6%) 207	(5.0%) 101	(88.2%) 1,778	(6.8%) 138
	配偶者以外と二人暮らし	(100.0%) 2,228	(24.4%) 543	(70.7%) 1,576	(4.9%) 109	(4.6%) 25	(86.9%) 472	(8.5%) 46
	同居(三人以上)	(100.0%) 13,273	(25.3%) 3,364	(71.9%) 9,545	(2.7%) 364	(2.1%) 71	(91.1%) 3,065	(6.8%) 228
	その他	(100.0%) 598	(35.5%) 212	(51.2%) 306	(13.4%) 80	(40.6%) 86	(53.8%) 114	(5.7%) 12
	無回答	(100.0%) 2,162	(22.6%) 488	(55.8%) 1,206	(21.6%) 468	(2.9%) 14	(83.2%) 406	(13.9%) 68

問2 運動・閉じこもりについて

上段:割合
下段:人数

属性	区分	全体	1. 階段を手すりや壁をつたわらずに昇っていますか			2. 椅子に座った状態から何もつかまらずに立ち上がっていますか			3. 15分位続けて歩いていますか		
			1. はい	2. いいえ	無回答	1. はい	2. いいえ	無回答	1. はい	2. いいえ	無回答
総数	-	(100.0%) 30,493	(47.7%) 14,559	(46.8%) 14,278	(5.4%) 1,656	(65.9%) 20,095	(31.0%) 9,467	(3.1%) 931	(69.2%) 21,110	(27.6%) 8,424	(3.1%) 959
男性	65～69歳	(100.0%) 3,272	(70.4%) 2,305	(25.5%) 833	(4.1%) 134	(87.2%) 2,852	(10.5%) 344	(2.3%) 76	(81.7%) 2,674	(16.0%) 525	(2.2%) 73
	70～74歳	(100.0%) 3,269	(62.6%) 2,046	(33.4%) 1,091	(4.0%) 132	(81.4%) 2,662	(16.2%) 528	(2.4%) 79	(80.1%) 2,620	(17.5%) 573	(2.3%) 76
	75～79歳	(100.0%) 2,956	(51.4%) 1,520	(43.2%) 1,278	(5.3%) 158	(72.7%) 2,148	(24.6%) 728	(2.7%) 80	(73.7%) 2,179	(23.5%) 695	(2.8%) 82
	80～84歳	(100.0%) 2,040	(41.2%) 840	(51.6%) 1,052	(7.3%) 148	(61.8%) 1,261	(35.0%) 714	(3.2%) 65	(65.6%) 1,339	(31.3%) 638	(3.1%) 63
	85歳以上	(100.0%) 1,230	(27.9%) 343	(63.6%) 782	(8.5%) 105	(46.3%) 570	(48.4%) 595	(5.3%) 65	(50.2%) 617	(44.5%) 547	(5.4%) 66
	計	(100.0%) 12,767	(55.3%) 7,054	(39.4%) 5,036	(5.3%) 677	(74.4%) 9,493	(22.8%) 2,909	(2.9%) 365	(73.9%) 9,429	(23.3%) 2,978	(2.8%) 360
女性	65～69歳	(100.0%) 3,665	(64.2%) 2,354	(32.5%) 1,191	(3.3%) 120	(82.7%) 3,030	(15.0%) 550	(2.3%) 85	(80.9%) 2,965	(16.8%) 616	(2.3%) 84
	70～74歳	(100.0%) 4,001	(54.4%) 2,178	(41.8%) 1,671	(3.8%) 152	(74.5%) 2,980	(23.3%) 934	(2.2%) 87	(75.5%) 3,019	(22.0%) 879	(2.6%) 103
	75～79歳	(100.0%) 4,151	(39.7%) 1,646	(54.2%) 2,251	(6.1%) 254	(59.3%) 2,460	(36.8%) 1,527	(4.0%) 164	(67.1%) 2,785	(29.0%) 1,202	(4.0%) 164
	80～84歳	(100.0%) 3,169	(26.4%) 837	(66.6%) 2,111	(7.0%) 221	(43.4%) 1,374	(52.5%) 1,664	(4.1%) 131	(56.7%) 1,796	(38.9%) 1,233	(4.4%) 140
	85歳以上	(100.0%) 2,740	(17.9%) 490	(73.6%) 2,018	(8.5%) 232	(27.7%) 758	(68.7%) 1,883	(3.6%) 99	(40.7%) 1,116	(55.3%) 1,516	(3.9%) 108
	計	(100.0%) 17,726	(42.3%) 7,505	(52.1%) 9,242	(5.5%) 979	(59.8%) 10,602	(37.0%) 6,558	(3.2%) 566	(65.9%) 11,681	(30.7%) 5,446	(3.4%) 599
認定・該当状況	一般	(100.0%) 15,580	(68.9%) 10,738	(25.2%) 3,929	(5.9%) 913	(90.5%) 14,093	(6.0%) 928	(3.6%) 559	(88.2%) 13,740	(8.3%) 1,286	(3.6%) 554
	二次予防	(100.0%) 9,169	(27.0%) 2,478	(69.2%) 6,341	(3.8%) 350	(46.0%) 4,214	(52.2%) 4,785	(1.9%) 170	(56.5%) 5,183	(41.6%) 3,814	(1.9%) 172
	要支援	(100.0%) 2,082	(13.8%) 287	(78.5%) 1,635	(7.7%) 160	(18.2%) 378	(78.1%) 1,626	(3.7%) 78	(33.4%) 695	(62.2%) 1,296	(4.4%) 91
	要介護	(100.0%) 2,299	(9.8%) 225	(83.2%) 1,912	(7.0%) 162	(13.7%) 315	(82.7%) 1,902	(3.6%) 82	(19.6%) 450	(76.3%) 1,753	(4.2%) 96
所得段階	第1～3段階	(100.0%) 8,957	(41.4%) 3,712	(52.3%) 4,683	(6.3%) 562	(57.4%) 5,140	(38.9%) 3,486	(3.7%) 331	(64.6%) 5,784	(31.5%) 2,823	(3.9%) 350
	第4段階	(100.0%) 9,619	(41.7%) 4,012	(52.3%) 5,035	(5.9%) 572	(60.0%) 5,774	(36.9%) 3,548	(3.1%) 297	(64.9%) 6,244	(31.7%) 3,054	(3.3%) 321
	第5段階～	(100.0%) 10,514	(57.0%) 5,988	(38.8%) 4,075	(4.3%) 451	(76.7%) 8,067	(20.8%) 2,188	(2.5%) 259	(76.3%) 8,021	(21.4%) 2,254	(2.3%) 239
	不明	(100.0%) 1,403	(60.4%) 847	(34.6%) 485	(5.1%) 71	(79.4%) 1,114	(17.5%) 245	(3.1%) 44	(75.6%) 1,061	(20.9%) 293	(3.5%) 49
住宅の所有関係	持家	(100.0%) 27,075	(48.6%) 13,164	(46.5%) 12,583	(4.9%) 1,328	(67.2%) 18,182	(30.3%) 8,214	(2.5%) 679	(70.1%) 18,974	(27.3%) 7,403	(2.6%) 698
	借家・借間	(100.0%) 1,774	(43.7%) 776	(50.5%) 895	(5.8%) 103	(59.3%) 1,052	(36.5%) 647	(4.2%) 75	(67.5%) 1,198	(28.1%) 498	(4.4%) 78
	その他	(100.0%) 543	(34.6%) 188	(61.1%) 332	(4.2%) 23	(50.8%) 276	(47.5%) 258	(1.7%) 9	(53.0%) 288	(44.9%) 244	(2.0%) 11
	無回答	(100.0%) 1,101	(39.1%) 431	(42.5%) 468	(18.3%) 202	(53.1%) 585	(31.6%) 348	(15.3%) 168	(59.0%) 650	(25.3%) 279	(15.6%) 172
世帯構成	一人暮らし	(100.0%) 4,266	(42.3%) 1,805	(51.6%) 2,201	(6.1%) 260	(58.2%) 2,481	(38.3%) 1,632	(3.6%) 153	(67.9%) 2,898	(28.2%) 1,204	(3.8%) 164
	配偶者と二人暮らし	(100.0%) 7,966	(57.1%) 4,551	(38.6%) 3,076	(4.3%) 339	(75.5%) 6,015	(22.1%) 1,763	(2.4%) 188	(76.7%) 6,111	(20.8%) 1,660	(2.4%) 195
	配偶者以外と二人暮らし	(100.0%) 2,228	(40.6%) 904	(53.6%) 1,194	(5.8%) 130	(57.6%) 1,283	(38.6%) 861	(3.8%) 84	(63.5%) 1,415	(32.9%) 732	(3.6%) 81
	同居(三人以上)	(100.0%) 13,273	(46.5%) 6,166	(48.8%) 6,480	(4.7%) 627	(66.2%) 8,785	(31.5%) 4,184	(2.3%) 304	(67.8%) 9,003	(29.9%) 3,963	(2.3%) 307
	その他	(100.0%) 598	(22.9%) 137	(67.7%) 405	(9.4%) 56	(31.1%) 186	(61.5%) 368	(7.4%) 44	(33.4%) 200	(59.5%) 356	(7.0%) 42
	無回答	(100.0%) 2,162	(46.1%) 996	(42.6%) 922	(11.3%) 244	(62.2%) 1,345	(30.5%) 659	(7.3%) 158	(68.6%) 1,483	(23.5%) 509	(7.9%) 170

問2 運動・閉じこもりについて

上段:割合
下段:人数

属性	区分	全体	4. 5m以上歩けますか			5. 週に1回以上は外出していますか			6. 昨年と比べて外出の回数が減っていますか		
			1. はい	2. いいえ	無回答	1. はい	2. いいえ	無回答	1. はい	2. いいえ	無回答
総数	—	(100.0%) 30,493	(89.2%) 27,215	(7.1%) 2,251	(3.4%) 1,027	(83.7%) 25,525	(13.2%) 4,039	(3.0%) 929	(34.7%) 10,572	(61.4%) 18,736	(3.9%) 1,185
男性	65～69歳	(100.0%) 3,272	(95.8%) 3,133	(2.1%) 68	(2.2%) 71	(93.0%) 3,044	(4.8%) 156	(2.2%) 72	(17.7%) 578	(79.7%) 2,607	(2.7%) 87
	70～74歳	(100.0%) 3,269	(93.9%) 3,071	(3.5%) 113	(2.6%) 85	(90.8%) 2,969	(6.9%) 227	(2.2%) 73	(24.3%) 796	(72.7%) 2,375	(3.0%) 98
	75～79歳	(100.0%) 2,956	(91.6%) 2,709	(5.1%) 150	(3.3%) 97	(86.7%) 2,562	(10.3%) 303	(3.1%) 91	(32.8%) 971	(63.4%) 1,875	(3.7%) 110
	80～84歳	(100.0%) 2,040	(89.3%) 1,822	(7.1%) 145	(3.6%) 73	(81.3%) 1,659	(14.9%) 304	(3.8%) 77	(42.7%) 871	(53.6%) 1,093	(3.7%) 76
	85歳以上	(100.0%) 1,230	(82.0%) 1,008	(13.0%) 160	(5.0%) 62	(69.9%) 860	(24.3%) 299	(5.8%) 71	(52.5%) 646	(41.1%) 506	(6.3%) 78
	計	(100.0%) 12,767	(92.0%) 11,743	(5.0%) 636	(3.0%) 388	(86.9%) 11,094	(10.1%) 1,289	(3.0%) 384	(30.2%) 3,862	(66.2%) 8,456	(3.5%) 449
女性	65～69歳	(100.0%) 3,665	(95.4%) 3,498	(2.3%) 85	(2.2%) 82	(92.5%) 3,390	(5.6%) 205	(1.9%) 70	(19.5%) 714	(77.9%) 2,854	(2.6%) 97
	70～74歳	(100.0%) 4,001	(93.2%) 3,730	(4.3%) 172	(2.5%) 99	(88.7%) 3,550	(9.4%) 375	(1.9%) 76	(29.7%) 1,190	(67.2%) 2,689	(3.0%) 122
	75～79歳	(100.0%) 4,151	(87.8%) 3,646	(7.6%) 316	(4.6%) 189	(82.4%) 3,420	(14.0%) 582	(3.6%) 149	(39.9%) 1,655	(55.8%) 2,317	(4.3%) 179
	80～84歳	(100.0%) 3,169	(81.8%) 2,592	(13.4%) 425	(4.8%) 152	(73.7%) 2,334	(21.9%) 695	(4.4%) 140	(50.9%) 1,613	(43.8%) 1,389	(5.3%) 167
	85歳以上	(100.0%) 2,740	(73.2%) 2,006	(22.5%) 617	(4.3%) 117	(63.4%) 1,737	(32.6%) 893	(4.0%) 110	(56.1%) 1,538	(37.6%) 1,031	(6.2%) 171
	計	(100.0%) 17,726	(87.3%) 15,472	(9.1%) 1,615	(3.6%) 639	(81.4%) 14,431	(15.5%) 2,750	(3.1%) 545	(37.9%) 6,710	(58.0%) 10,280	(4.2%) 736
認定・該当状況	一般	(100.0%) 15,580	(95.5%) 14,874	(0.8%) 126	(3.7%) 580	(91.9%) 14,313	(4.7%) 736	(3.4%) 531	(17.7%) 2,763	(78.2%) 12,180	(4.1%) 637
	二次予防	(100.0%) 9,169	(89.5%) 8,202	(8.4%) 772	(2.1%) 195	(78.2%) 7,174	(19.9%) 1,822	(1.9%) 173	(52.5%) 4,810	(44.9%) 4,119	(2.6%) 240
	要支援	(100.0%) 2,082	(75.2%) 1,565	(20.1%) 418	(4.8%) 99	(70.1%) 1,460	(26.2%) 546	(3.7%) 76	(66.5%) 1,385	(29.7%) 618	(3.8%) 79
	要介護	(100.0%) 2,299	(56.2%) 1,292	(39.2%) 901	(4.6%) 106	(58.2%) 1,337	(37.1%) 852	(4.8%) 110	(55.8%) 1,282	(36.6%) 841	(7.7%) 176
所得段階	第1～3段階	(100.0%) 8,957	(85.9%) 7,692	(10.1%) 903	(4.0%) 362	(79.4%) 7,109	(16.8%) 1,509	(3.8%) 339	(40.4%) 3,622	(55.0%) 4,923	(4.6%) 412
	第4段階	(100.0%) 9,619	(87.4%) 8,403	(9.1%) 878	(3.5%) 338	(80.9%) 7,779	(16.0%) 1,542	(3.1%) 298	(38.1%) 3,663	(57.7%) 5,548	(4.2%) 408
	第5段階～	(100.0%) 10,514	(93.3%) 9,808	(4.1%) 428	(2.6%) 278	(89.1%) 9,367	(8.5%) 895	(2.4%) 252	(27.9%) 2,935	(69.1%) 7,269	(2.9%) 310
	不明	(100.0%) 1,403	(93.5%) 1,312	(3.0%) 42	(3.5%) 49	(90.5%) 1,270	(6.6%) 93	(2.9%) 40	(25.1%) 352	(71.0%) 996	(3.9%) 55
住宅の所有関係	持家	(100.0%) 27,075	(90.3%) 24,450	(6.9%) 1,863	(2.8%) 762	(84.7%) 22,935	(12.8%) 3,453	(2.5%) 687	(34.1%) 9,232	(62.6%) 16,942	(3.3%) 901
	借家・借間	(100.0%) 1,774	(87.1%) 1,545	(8.5%) 151	(4.4%) 78	(84.3%) 1,496	(12.1%) 215	(3.6%) 63	(41.7%) 740	(54.3%) 964	(3.9%) 70
	その他	(100.0%) 543	(79.6%) 432	(18.6%) 101	(1.8%) 10	(65.6%) 356	(32.8%) 178	(1.7%) 9	(39.2%) 213	(57.1%) 310	(3.7%) 20
	無回答	(100.0%) 1,101	(71.6%) 788	(12.4%) 136	(16.1%) 177	(67.0%) 738	(17.5%) 193	(15.4%) 170	(35.1%) 387	(47.2%) 520	(17.6%) 194
世帯構成	一人暮らし	(100.0%) 4,266	(88.4%) 3,773	(7.5%) 319	(4.1%) 174	(83.3%) 3,552	(13.3%) 569	(3.4%) 145	(40.6%) 1,733	(55.3%) 2,361	(4.0%) 172
	配偶者と二人暮らし	(100.0%) 7,966	(93.2%) 7,427	(4.4%) 348	(2.4%) 191	(90.0%) 7,168	(7.9%) 628	(2.1%) 170	(28.6%) 2,275	(68.7%) 5,471	(2.8%) 220
	配偶者以外と二人暮らし	(100.0%) 2,228	(86.8%) 1,935	(8.4%) 187	(4.8%) 106	(80.5%) 1,794	(16.0%) 357	(3.5%) 77	(41.1%) 915	(54.7%) 1,219	(4.2%) 94
	同居(三人以上)	(100.0%) 13,273	(90.0%) 11,952	(7.4%) 988	(2.5%) 333	(83.3%) 11,059	(14.2%) 1,888	(2.5%) 326	(34.6%) 4,596	(62.1%) 8,242	(3.3%) 435
	その他	(100.0%) 598	(55.0%) 329	(37.5%) 224	(7.5%) 45	(40.6%) 243	(51.3%) 307	(8.0%) 48	(46.2%) 276	(41.5%) 248	(12.4%) 74
	無回答	(100.0%) 2,162	(83.2%) 1,799	(8.6%) 185	(8.2%) 178	(79.0%) 1,709	(13.4%) 290	(7.5%) 163	(35.9%) 777	(55.3%) 1,195	(8.8%) 190

問2 運動・閉じこもりについて

上段:割合
下段:人数

属性	区分	全体	7. 外出を控えている理由は、次のどれですか(いくつでも)							
			1. 病気	2. 障害	3. 足腰などの痛み	4. トイレの心配	5. 耳の障害	6. 目の障害	7. 外での楽しみがない	8. 経済的に出られない
総数	-	(100.0%) 30,493	(7.5%) 2,299	(3.3%) 1,019	(28.2%) 8,594	(6.6%) 2,002	(5.0%) 1,531	(1.2%) 1,271	(5.8%) 1,755	(6.3%) 1,911
男性	65～69歳	(100.0%) 3,272	(3.9%) 126	(2.1%) 70	(7.8%) 255	(1.5%) 49	(0.9%) 30	(1.0%) 33	(1.2%) 139	(8.2%) 268
	70～74歳	(100.0%) 3,269	(5.9%) 193	(3.4%) 110	(13.7%) 448	(3.5%) 115	(2.6%) 84	(2.9%) 95	(5.0%) 164	(8.0%) 262
	75～79歳	(100.0%) 2,956	(9.1%) 269	(4.5%) 133	(23.6%) 697	(5.1%) 152	(4.7%) 139	(3.7%) 110	(5.9%) 174	(6.2%) 184
	80～84歳	(100.0%) 2,040	(11.0%) 224	(5.8%) 119	(32.7%) 668	(8.6%) 175	(9.0%) 184	(5.4%) 111	(6.6%) 135	(4.2%) 85
	85歳以上	(100.0%) 1,230	(11.1%) 136	(7.2%) 89	(44.1%) 543	(13.4%) 165	(14.8%) 182	(7.7%) 95	(11.6%) 143	(2.9%) 36
	計	(100.0%) 12,767	(7.4%) 948	(4.1%) 521	(20.5%) 2,611	(5.1%) 656	(4.8%) 619	(3.5%) 444	(5.9%) 755	(6.5%) 835
女性	65～69歳	(100.0%) 3,665	(3.5%) 128	(1.2%) 43	(11.6%) 425	(2.2%) 81	(0.9%) 32	(1.3%) 46	(3.6%) 132	(7.5%) 276
	70～74歳	(100.0%) 4,001	(6.2%) 249	(2.3%) 93	(23.0%) 920	(4.5%) 179	(2.2%) 88	(2.8%) 114	(3.4%) 136	(7.6%) 306
	75～79歳	(100.0%) 4,151	(7.8%) 325	(2.9%) 119	(37.8%) 1,568	(7.3%) 301	(3.6%) 150	(4.7%) 196	(5.8%) 239	(6.5%) 268
	80～84歳	(100.0%) 3,169	(10.9%) 345	(3.5%) 110	(51.0%) 1,615	(10.8%) 343	(8.4%) 265	(7.5%) 237	(7.5%) 237	(4.5%) 143
	85歳以上	(100.0%) 2,740	(11.1%) 304	(4.9%) 133	(53.1%) 1,455	(16.1%) 442	(13.8%) 377	(8.5%) 234	(9.3%) 256	(3.0%) 83
	計	(100.0%) 17,726	(7.6%) 1,351	(2.8%) 498	(33.8%) 5,983	(7.6%) 1,346	(5.1%) 912	(4.7%) 827	(5.6%) 1,000	(6.1%) 1,076
認定・該当状況	一般	(100.0%) 15,580	(2.0%) 317	(0.3%) 42	(11.1%) 1,727	(1.4%) 222	(1.8%) 287	(1.3%) 209	(3.0%) 466	(5.0%) 778
	二次予防	(100.0%) 9,169	(10.1%) 924	(3.3%) 305	(46.1%) 4,227	(9.4%) 864	(8.1%) 742	(6.1%) 561	(8.3%) 761	(9.1%) 832
	要支援	(100.0%) 2,082	(19.3%) 401	(9.9%) 207	(65.6%) 1,365	(19.6%) 409	(12.5%) 260	(12.4%) 259	(11.9%) 247	(5.9%) 122
	要介護	(100.0%) 2,299	(24.9%) 572	(19.2%) 442	(46.3%) 1,065	(19.9%) 458	(9.4%) 216	(9.0%) 208	(9.3%) 214	(3.0%) 69
所得段階	第1～3段階	(100.0%) 8,957	(9.2%) 821	(4.0%) 357	(34.1%) 3,055	(7.8%) 702	(6.3%) 560	(5.6%) 499	(6.3%) 565	(9.1%) 811
	第4段階	(100.0%) 9,619	(7.8%) 752	(3.7%) 359	(33.8%) 3,253	(8.0%) 768	(5.9%) 567	(4.7%) 453	(5.9%) 571	(4.9%) 475
	第5段階～	(100.0%) 10,514	(6.1%) 640	(2.6%) 276	(19.6%) 2,062	(4.6%) 480	(3.6%) 376	(2.7%) 283	(5.2%) 548	(4.9%) 515
	不明	(100.0%) 1,403	(6.1%) 86	(1.9%) 27	(16.0%) 224	(3.7%) 52	(2.0%) 28	(2.6%) 36	(5.1%) 71	(7.8%) 110
住宅の所有関係	持家	(100.0%) 27,075	(7.2%) 1,955	(3.3%) 890	(27.8%) 7,533	(6.4%) 1,736	(4.8%) 1,312	(3.9%) 1,062	(5.6%) 1,505	(5.7%) 1,536
	借家・借間	(100.0%) 1,774	(11.2%) 198	(3.3%) 59	(31.9%) 566	(8.0%) 142	(5.3%) 94	(6.4%) 114	(9.0%) 160	(14.1%) 250
	その他	(100.0%) 543	(12.5%) 68	(6.1%) 33	(32.4%) 176	(9.6%) 52	(6.6%) 36	(6.8%) 37	(7.0%) 38	(8.8%) 48
	無回答	(100.0%) 1,101	(7.1%) 78	(3.4%) 37	(29.0%) 319	(6.5%) 72	(8.1%) 89	(5.3%) 58	(4.7%) 52	(7.0%) 77
世帯構成	一人暮らし	(100.0%) 4,266	(8.7%) 370	(2.3%) 100	(35.2%) 1,502	(7.3%) 310	(5.9%) 253	(6.0%) 257	(6.7%) 284	(9.0%) 382
	配偶者と二人暮らし	(100.0%) 7,966	(6.6%) 529	(2.8%) 222	(19.7%) 1,568	(4.9%) 391	(3.1%) 250	(3.1%) 250	(5.0%) 398	(5.9%) 468
	配偶者以外と二人暮らし	(100.0%) 2,228	(8.1%) 180	(4.4%) 99	(35.0%) 780	(8.1%) 181	(6.2%) 139	(5.3%) 119	(6.3%) 141	(7.5%) 168
	同居(三人以上)	(100.0%) 13,273	(7.3%) 967	(3.3%) 442	(29.9%) 3,962	(6.8%) 901	(5.3%) 700	(3.7%) 495	(6.0%) 792	(5.5%) 727
	その他	(100.0%) 598	(17.6%) 105	(11.9%) 71	(30.9%) 185	(12.7%) 76	(7.2%) 43	(5.2%) 31	(6.4%) 38	(4.7%) 28
	無回答	(100.0%) 2,162	(6.8%) 148	(3.9%) 85	(27.6%) 597	(6.6%) 143	(6.8%) 146	(5.5%) 119	(4.7%) 102	(6.4%) 138

問2 運動・閉じこもりについて

上段:割合
下段:人数

属性	区分	全体	8. 外出の頻度はどのくらいですか ①買物					
			1. ほぼ毎日	2. 週4、5日	3. 週2、3日	4. 週1日	5. 週1日未満	無回答
総数	—	(100.0%) 30,493	(11.5%) 3,492	(8.4%) 2,553	(24.0%) 7,325	(13.2%) 4,035	(14.8%) 4,528	(28.1%) 8,560
男性	65～69歳	(100.0%) 3,272	(13.0%) 426	(7.2%) 236	(24.8%) 813	(13.7%) 448	(10.6%) 346	(30.7%) 1,003
	70～74歳	(100.0%) 3,269	(13.0%) 425	(7.6%) 249	(26.6%) 868	(12.6%) 413	(11.3%) 368	(28.9%) 946
	75～79歳	(100.0%) 2,956	(11.3%) 333	(7.8%) 232	(23.3%) 689	(12.7%) 374	(12.9%) 381	(32.0%) 947
	80～84歳	(100.0%) 2,040	(9.4%) 192	(7.0%) 142	(19.7%) 402	(11.8%) 241	(15.2%) 311	(36.9%) 752
	85歳以上	(100.0%) 1,230	(5.6%) 69	(4.1%) 51	(14.1%) 174	(9.9%) 122	(23.8%) 293	(42.4%) 521
	計	(100.0%) 12,767	(11.3%) 1,445	(7.1%) 910	(23.1%) 2,946	(12.5%) 1,598	(13.3%) 1,699	(32.7%) 4,169
女性	65～69歳	(100.0%) 3,665	(20.7%) 760	(14.6%) 534	(34.6%) 1,269	(12.3%) 450	(6.5%) 237	(11.3%) 415
	70～74歳	(100.0%) 4,001	(15.4%) 615	(12.0%) 479	(32.3%) 1,293	(14.3%) 574	(10.1%) 404	(15.9%) 636
	75～79歳	(100.0%) 4,151	(10.5%) 436	(9.3%) 386	(24.7%) 1,025	(15.6%) 647	(15.7%) 651	(24.2%) 1,006
	80～84歳	(100.0%) 3,169	(5.6%) 176	(5.5%) 175	(16.7%) 528	(15.7%) 499	(23.0%) 728	(33.5%) 1,063
	85歳以上	(100.0%) 2,740	(2.2%) 60	(2.5%) 69	(9.6%) 264	(9.7%) 267	(29.5%) 809	(46.4%) 1,271
	計	(100.0%) 17,726	(11.5%) 2,047	(9.3%) 1,643	(24.7%) 4,379	(13.7%) 2,437	(16.0%) 2,829	(24.8%) 4,391
認定・該当状況	一般	(100.0%) 15,580	(15.9%) 2,479	(10.7%) 1,672	(28.2%) 4,394	(12.9%) 2,003	(8.2%) 1,284	(24.1%) 3,748
	二次予防	(100.0%) 9,169	(8.4%) 770	(7.7%) 705	(23.4%) 2,148	(15.1%) 1,380	(18.2%) 1,670	(27.2%) 2,496
	要支援	(100.0%) 2,082	(2.1%) 44	(2.6%) 54	(14.3%) 297	(14.5%) 301	(29.7%) 619	(36.8%) 767
	要介護	(100.0%) 2,299	(1.0%) 24	(1.0%) 23	(4.7%) 109	(5.4%) 124	(34.5%) 793	(53.3%) 1,226
所得段階	第1～3段階	(100.0%) 8,957	(9.1%) 817	(8.0%) 714	(24.2%) 2,165	(14.5%) 1,301	(16.7%) 1,496	(27.5%) 2,464
	第4段階	(100.0%) 9,619	(10.4%) 1,003	(8.2%) 793	(21.3%) 2,048	(12.4%) 1,195	(17.0%) 1,637	(30.6%) 2,943
	第5段階～	(100.0%) 10,514	(14.2%) 1,494	(9.0%) 945	(26.0%) 2,730	(12.5%) 1,309	(11.6%) 1,220	(26.8%) 2,816
	不明	(100.0%) 1,403	(12.7%) 178	(7.2%) 101	(27.2%) 382	(16.4%) 230	(12.5%) 175	(24.0%) 337
住宅の所有関係	持家	(100.0%) 27,075	(11.3%) 3,064	(8.3%) 2,248	(24.4%) 6,595	(13.5%) 3,664	(15.0%) 4,055	(27.5%) 7,449
	借家・借間	(100.0%) 1,774	(15.1%) 267	(10.0%) 177	(26.9%) 478	(11.8%) 209	(12.1%) 215	(24.1%) 428
	その他	(100.0%) 543	(7.6%) 41	(8.3%) 45	(14.9%) 81	(11.6%) 63	(33.5%) 182	(24.1%) 131
	無回答	(100.0%) 1,101	(10.9%) 120	(7.5%) 83	(15.5%) 171	(9.0%) 99	(6.9%) 76	(50.1%) 552
世帯構成	一人暮らし	(100.0%) 4,266	(10.3%) 441	(8.6%) 365	(28.6%) 1,220	(16.6%) 708	(15.7%) 669	(20.2%) 863
	配偶者と二人暮らし	(100.0%) 7,966	(13.4%) 1,068	(10.4%) 829	(30.6%) 2,440	(13.5%) 1,073	(9.8%) 783	(22.3%) 1,773
	配偶者以外と二人暮らし	(100.0%) 2,228	(12.1%) 269	(9.3%) 208	(22.3%) 497	(13.9%) 309	(16.5%) 368	(25.9%) 577
	同居(三人以上)	(100.0%) 13,273	(10.7%) 1,417	(7.4%) 977	(20.1%) 2,663	(12.8%) 1,694	(17.3%) 2,297	(31.8%) 4,225
	その他	(100.0%) 598	(5.2%) 31	(2.7%) 16	(7.7%) 46	(6.5%) 39	(35.3%) 211	(42.6%) 255
	無回答	(100.0%) 2,162	(12.3%) 266	(7.3%) 158	(21.2%) 459	(9.8%) 212	(9.3%) 200	(40.1%) 867

問2 運動・閉じこもりについて

上段:割合
下段:人数

属性	区分	全体	8. 外出の頻度はどのくらいですか ②散歩					
			1. ほぼ毎日	2. 週4,5日	3. 週2,3日	4. 週1日	5. 週1日未満	無回答
総数		(100.0%) 30,493	(24.7%) 7,542	(6.8%) 2,072	(11.9%) 3,636	(4.4%) 1,353	(14.0%) 4,282	(38.1%) 11,608
男性	65～69歳	(100.0%) 3,272	(30.0%) 980	(6.8%) 224	(13.0%) 425	(4.6%) 151	(12.1%) 395	(33.5%) 1,097
	70～74歳	(100.0%) 3,269	(31.2%) 1,019	(7.0%) 229	(12.6%) 411	(4.1%) 135	(11.1%) 362	(34.0%) 1,113
	75～79歳	(100.0%) 2,956	(28.8%) 851	(7.0%) 206	(10.9%) 321	(3.9%) 114	(11.2%) 332	(38.3%) 1,132
	80～84歳	(100.0%) 2,040	(26.5%) 540	(6.5%) 132	(10.8%) 221	(3.8%) 78	(11.8%) 241	(40.6%) 828
	85歳以上	(100.0%) 1,230	(19.6%) 241	(5.9%) 72	(9.4%) 116	(3.6%) 44	(17.2%) 211	(44.4%) 546
	計	(100.0%) 12,767	(28.4%) 3,631	(6.8%) 863	(11.7%) 1,494	(4.1%) 522	(12.1%) 1,541	(36.9%) 4,716
女性	65～69歳	(100.0%) 3,665	(24.6%) 903	(9.1%) 334	(14.2%) 519	(5.8%) 211	(14.0%) 514	(32.3%) 1,184
	70～74歳	(100.0%) 4,001	(25.1%) 1,005	(7.7%) 308	(13.9%) 556	(4.9%) 196	(12.7%) 507	(35.7%) 1,429
	75～79歳	(100.0%) 4,151	(22.6%) 938	(6.7%) 278	(11.6%) 481	(4.3%) 180	(14.5%) 600	(40.3%) 1,674
	80～84歳	(100.0%) 3,169	(20.9%) 663	(5.5%) 174	(11.1%) 351	(3.9%) 125	(17.1%) 541	(41.5%) 1,315
	85歳以上	(100.0%) 2,740	(14.7%) 402	(4.2%) 115	(8.6%) 235	(4.3%) 119	(21.1%) 579	(47.1%) 1,290
	計	(100.0%) 17,726	(22.1%) 3,911	(6.8%) 1,209	(12.1%) 2,142	(4.7%) 831	(15.5%) 2,741	(38.9%) 6,892
認定・該当状況	一般	(100.0%) 15,580	(31.6%) 4,923	(7.8%) 1,218	(12.2%) 1,907	(4.0%) 618	(8.7%) 1,351	(35.7%) 5,563
	二次予防	(100.0%) 9,169	(19.8%) 1,811	(6.5%) 598	(12.8%) 1,175	(4.9%) 450	(17.2%) 1,573	(38.8%) 3,562
	要支援	(100.0%) 2,082	(12.5%) 261	(4.7%) 98	(11.8%) 246	(5.3%) 110	(24.7%) 515	(40.9%) 852
	要介護	(100.0%) 2,299	(7.6%) 174	(2.6%) 60	(6.5%) 150	(4.5%) 104	(29.1%) 670	(49.6%) 1,141
所得段階	第1～3段階	(100.0%) 8,957	(23.2%) 2,080	(6.7%) 600	(11.8%) 1,059	(4.0%) 356	(14.9%) 1,336	(39.4%) 3,526
	第4段階	(100.0%) 9,619	(22.7%) 2,185	(6.4%) 620	(11.3%) 1,083	(4.6%) 443	(14.4%) 1,388	(40.5%) 3,900
	第5段階～	(100.0%) 10,514	(27.6%) 2,899	(7.1%) 751	(12.7%) 1,333	(4.6%) 482	(13.1%) 1,373	(35.0%) 3,676
	不明	(100.0%) 1,403	(26.9%) 378	(7.2%) 101	(11.5%) 161	(5.1%) 72	(13.2%) 185	(36.1%) 506
住宅の所有関係	持家	(100.0%) 27,075	(25.5%) 6,896	(6.8%) 1,838	(11.9%) 3,234	(4.5%) 1,212	(14.0%) 3,799	(37.3%) 10,096
	借家・借間	(100.0%) 1,774	(20.6%) 366	(8.0%) 142	(14.3%) 254	(4.8%) 86	(14.1%) 251	(38.0%) 675
	その他	(100.0%) 543	(14.9%) 81	(6.1%) 33	(9.9%) 54	(5.7%) 31	(31.1%) 169	(32.2%) 175
	無回答	(100.0%) 1,101	(18.1%) 199	(5.4%) 59	(8.5%) 94	(2.2%) 24	(5.7%) 63	(60.1%) 662
世帯構成	一人暮らし	(100.0%) 4,266	(24.3%) 1,038	(7.4%) 315	(12.8%) 548	(4.6%) 196	(16.3%) 695	(34.6%) 1,474
	配偶者と二人暮らし	(100.0%) 7,966	(27.2%) 2,163	(8.0%) 640	(13.6%) 1,084	(4.9%) 389	(12.8%) 1,023	(33.5%) 2,667
	配偶者以外と二人暮らし	(100.0%) 2,228	(21.3%) 474	(6.6%) 148	(11.6%) 259	(4.5%) 101	(16.4%) 365	(39.5%) 881
	同居(三人以上)	(100.0%) 13,273	(24.9%) 3,309	(6.2%) 827	(11.2%) 1,489	(4.3%) 567	(14.1%) 1,867	(39.3%) 5,214
	その他	(100.0%) 598	(9.7%) 58	(2.3%) 14	(5.2%) 31	(4.7%) 28	(29.8%) 178	(48.3%) 289
	無回答	(100.0%) 2,162	(23.1%) 500	(5.9%) 128	(10.4%) 225	(3.3%) 72	(7.1%) 154	(50.1%) 1,083

問2 運動・閉じこもりについて

上段:割合
下段:人数

属性	区分	全体	8. 外出の頻度はどのくらいですか ③通院通所					
			1. ほぼ毎日	2. 週4,5日	3. 週2,3日	4. 週1日	5. 週1日未満	無回答
総数	—	(100.0%) 30,493	(1.5%) 448	(2.1%) 653	(8.3%) 2,532	(9.3%) 2,848	(30.2%) 9,223	(48.5%) 14,789
男性	65～69歳	(100.0%) 3,272	(1.1%) 35	(1.0%) 34	(3.4%) 110	(4.0%) 131	(29.6%) 969	(60.9%) 1,993
	70～74歳	(100.0%) 3,269	(1.4%) 47	(1.4%) 46	(5.9%) 194	(6.3%) 206	(30.6%) 999	(54.4%) 1,777
	75～79歳	(100.0%) 2,956	(1.9%) 56	(2.0%) 60	(7.6%) 225	(9.7%) 288	(29.6%) 876	(49.1%) 1,451
	80～84歳	(100.0%) 2,040	(2.0%) 41	(3.0%) 61	(9.8%) 200	(11.2%) 229	(30.0%) 612	(44.0%) 897
	85歳以上	(100.0%) 1,230	(2.0%) 24	(2.4%) 29	(11.7%) 144	(10.7%) 131	(30.7%) 377	(42.7%) 525
	計	(100.0%) 12,767	(1.6%) 203	(1.8%) 230	(6.8%) 873	(7.7%) 985	(30.0%) 3,833	(52.0%) 6,643
女性	65～69歳	(100.0%) 3,665	(0.9%) 33	(1.1%) 40	(3.9%) 144	(5.9%) 216	(27.9%) 1,021	(60.3%) 2,211
	70～74歳	(100.0%) 4,001	(1.2%) 47	(1.8%) 71	(7.2%) 287	(9.7%) 389	(30.1%) 1,205	(50.0%) 2,002
	75～79歳	(100.0%) 4,151	(1.4%) 59	(2.7%) 113	(9.7%) 401	(12.9%) 534	(30.5%) 1,264	(42.9%) 1,780
	80～84歳	(100.0%) 3,169	(1.6%) 52	(3.1%) 99	(13.1%) 415	(13.0%) 412	(32.0%) 1,013	(37.2%) 1,178
	85歳以上	(100.0%) 2,740	(2.0%) 54	(3.6%) 100	(15.0%) 412	(11.4%) 312	(32.4%) 887	(35.6%) 975
	計	(100.0%) 17,726	(1.4%) 245	(2.4%) 423	(9.4%) 1,659	(10.5%) 1,863	(30.4%) 5,390	(46.0%) 8,146
認定・該当状況	一般	(100.0%) 15,580	(1.1%) 164	(1.2%) 187	(4.0%) 626	(7.0%) 1,094	(28.1%) 4,384	(58.6%) 9,125
	二次予防	(100.0%) 9,169	(1.6%) 148	(2.1%) 197	(8.3%) 760	(12.1%) 1,106	(35.6%) 3,268	(40.2%) 3,690
	要支援	(100.0%) 2,082	(1.3%) 28	(3.7%) 76	(22.8%) 474	(17.5%) 364	(28.3%) 589	(26.5%) 551
	要介護	(100.0%) 2,299	(4.0%) 92	(7.7%) 177	(26.3%) 605	(8.4%) 192	(24.1%) 554	(29.5%) 679
所得段階	第1～3段階	(100.0%) 8,957	(1.6%) 143	(2.4%) 211	(10.1%) 906	(11.1%) 996	(29.5%) 2,640	(45.3%) 4,061
	第4段階	(100.0%) 9,619	(1.4%) 131	(2.6%) 247	(9.0%) 870	(10.0%) 958	(30.0%) 2,882	(47.1%) 4,531
	第5段階～	(100.0%) 10,514	(1.5%) 157	(1.7%) 179	(6.5%) 686	(7.6%) 798	(31.0%) 3,261	(51.7%) 5,433
	不明	(100.0%) 1,403	(1.2%) 17	(1.1%) 16	(5.0%) 70	(6.8%) 96	(31.4%) 440	(54.5%) 764
住宅の所有関係	持家	(100.0%) 27,075	(1.4%) 388	(2.1%) 579	(8.2%) 2,208	(9.3%) 2,520	(31.0%) 8,386	(48.0%) 12,994
	借家・借間	(100.0%) 1,774	(1.9%) 34	(2.3%) 40	(11.9%) 211	(10.2%) 181	(26.5%) 470	(47.2%) 838
	その他	(100.0%) 543	(1.5%) 8	(1.7%) 9	(9.6%) 52	(8.8%) 48	(39.6%) 215	(38.9%) 211
	無回答	(100.0%) 1,101	(1.6%) 18	(2.3%) 25	(5.5%) 61	(9.0%) 99	(13.8%) 152	(67.8%) 746
世帯構成	一人暮らし	(100.0%) 4,266	(1.5%) 66	(2.4%) 103	(10.7%) 456	(12.3%) 523	(31.9%) 1,361	(41.2%) 1,757
	配偶者と二人暮らし	(100.0%) 7,966	(1.2%) 94	(1.6%) 124	(6.9%) 547	(7.9%) 631	(30.9%) 2,464	(51.5%) 4,106
	配偶者以外と二人暮らし	(100.0%) 2,228	(1.4%) 32	(2.3%) 52	(10.2%) 227	(10.9%) 242	(28.5%) 635	(46.7%) 1,040
	同居(三人以上)	(100.0%) 13,273	(1.5%) 196	(2.3%) 311	(8.5%) 1,123	(9.2%) 1,219	(31.2%) 4,140	(47.3%) 6,284
	その他	(100.0%) 598	(3.2%) 19	(1.0%) 6	(5.2%) 31	(6.0%) 36	(36.1%) 216	(48.5%) 290
	無回答	(100.0%) 2,162	(1.9%) 41	(2.6%) 57	(6.8%) 148	(9.1%) 197	(18.8%) 407	(60.7%) 1,312