

**精神障害者社会復帰サービスニーズ等調査**

**外来調査 集計表**

**平成15年10月10日**

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## 1. 基本属性

### (ア) 開設別患者数

|            | 本人調査 |       |        | 主治医調査 |       |        |
|------------|------|-------|--------|-------|-------|--------|
|            | 施設数  | 患者数   | 割合     | 施設数   | 患者数   | 割合     |
| 1 国立病院     | 14   | 280   | 3.7%   | 14    | 293   | 3.7%   |
| 2 自治体病院    | 71   | 758   | 9.9%   | 71    | 747   | 9.5%   |
| 3 大学病院     | 29   | 393   | 5.1%   | 29    | 399   | 5.1%   |
| 4 日精協会員病院  | 305  | 4,200 | 55.0%  | 305   | 4,263 | 54.2%  |
| 5 日精診会員診療所 | 178  | 2,004 | 26.2%  | 185   | 2,169 | 27.6%  |
| 計          | 597  | 7,635 | 100.0% | 604   | 7,871 | 100.0% |

### (イ) 年齢(本人) 問2 主治医 問1

| 年齢区分   | 1国立 |          | 2自治体 |          | 3大学 |          | 4日精協  |          | 5日精診  |          | 合計    |          | うち、統合失調症 |          |
|--------|-----|----------|------|----------|-----|----------|-------|----------|-------|----------|-------|----------|----------|----------|
|        | 年齢  | 患者数      | 年齢   | 患者数      | 年齢  | 患者数      | 年齢    | 患者数      | 年齢    | 患者数      | 年齢    | 患者数      |          |          |
| 10歳未満  | 0   | (0.0%)   | 0    | (0.0%)   | 1   | (0.3%)   | 1     | (0.0%)   | 6     | (0.3%)   | 8     | (0.1%)   | 0        | (0.0%)   |
| 10~19歳 | 5   | (1.7%)   | 8    | (1.1%)   | 16  | (4.0%)   | 35    | (0.8%)   | 49    | (2.3%)   | 113   | (1.4%)   | 27       | (0.8%)   |
| 20~29歳 | 43  | (14.7%)  | 110  | (14.7%)  | 74  | (18.5%)  | 424   | (9.9%)   | 339   | (15.6%)  | 990   | (12.6%)  | 436      | (12.7%)  |
| 30~39歳 | 52  | (17.7%)  | 148  | (19.8%)  | 82  | (20.6%)  | 918   | (21.5%)  | 582   | (26.8%)  | 1,782 | (22.6%)  | 901      | (26.3%)  |
| 40~49歳 | 54  | (18.4%)  | 154  | (20.6%)  | 65  | (16.3%)  | 929   | (21.8%)  | 437   | (20.1%)  | 1,639 | (20.8%)  | 843      | (24.6%)  |
| 50~59歳 | 74  | (25.3%)  | 128  | (17.1%)  | 75  | (18.8%)  | 994   | (23.3%)  | 372   | (17.2%)  | 1,643 | (20.9%)  | 772      | (22.6%)  |
| 60~64歳 | 23  | (7.8%)   | 49   | (6.6%)   | 28  | (7.0%)   | 345   | (8.1%)   | 146   | (6.7%)   | 591   | (7.5%)   | 223      | (6.5%)   |
| 65歳以上  | 42  | (14.3%)  | 150  | (20.1%)  | 58  | (14.5%)  | 617   | (14.5%)  | 238   | (11.0%)  | 1,105 | (14.0%)  | 221      | (6.5%)   |
| 計      | 293 | (100.0%) | 747  | (100.0%) | 399 | (100.0%) | 4,263 | (100.0%) | 2,169 | (100.0%) | 7,871 | (100.0%) | 3,423    | (100.0%) |

### (ウ) 性別(本人) 問1 主治医 問2

| 性別  | 1国立 |         | 2自治体 |         | 3大学 |         | 4日精協  |         | 5日精診  |         | 合計    |         | うち、統合失調症 |         |
|-----|-----|---------|------|---------|-----|---------|-------|---------|-------|---------|-------|---------|----------|---------|
|     | 性別  | 患者数     | 性別   | 患者数     | 性別  | 患者数     | 性別    | 患者数     | 性別    | 患者数     | 性別    | 患者数     |          |         |
| 男性  | 140 | (47.8%) | 359  | (48.1%) | 181 | (45.4%) | 2,320 | (54.4%) | 1,064 | (49.1%) | 4,064 | (51.6%) | 1,933    | (56.5%) |
| 女性  | 153 | (52.2%) | 388  | (51.9%) | 218 | (54.6%) | 1,942 | (45.6%) | 1,104 | (50.9%) | 3,805 | (48.4%) | 1,489    | (43.5%) |
| 無回答 | 0   | -       | 0    | -       | 0   | -       | 1     | -       | 1     | -       | 2     | -       | 1        | -       |
| 計   | 293 | -       | 747  | -       | 399 | -       | 4,263 | -       | 2,169 | -       | 7,871 | -       | 3,423    | -       |

### (エ) 医療保険(主治医 問3)

| 保険種別        | 1国立  |         | 2自治体 |         | 3大学  |         | 4日精協  |         | 5日精診  |         | 合計    |         | うち、統合失調症 |         |
|-------------|------|---------|------|---------|------|---------|-------|---------|-------|---------|-------|---------|----------|---------|
|             | 保険種別 | 患者数     | 保険種別 | 患者数     | 保険種別 | 患者数     | 保険種別  | 患者数     | 保険種別  | 患者数     | 保険種別  | 患者数     |          |         |
| ①政府管掌保険(本人) | 31   | (11.6%) | 40   | (5.5%)  | 24   | (6.5%)  | 231   | (5.5%)  | 188   | (8.7%)  | 514   | (6.6%)  | 141      | (4.2%)  |
| ②政府管掌保険(家族) | 29   | (10.8%) | 85   | (11.6%) | 38   | (10.3%) | 397   | (9.4%)  | 200   | (9.3%)  | 749   | (9.7%)  | 326      | (9.7%)  |
| ③組合管掌保険(本人) | 8    | (3.0%)  | 42   | (5.7%)  | 38   | (10.3%) | 120   | (2.8%)  | 183   | (8.5%)  | 391   | (5.1%)  | 62       | (1.8%)  |
| ④組合管掌保険(家族) | 28   | (10.4%) | 52   | (7.1%)  | 41   | (11.1%) | 244   | (5.8%)  | 197   | (9.2%)  | 562   | (7.3%)  | 217      | (6.4%)  |
| ⑤共済組合保険(本人) | 6    | (2.2%)  | 25   | (3.4%)  | 19   | (5.1%)  | 77    | (1.8%)  | 66    | (3.1%)  | 193   | (2.5%)  | 27       | (0.8%)  |
| ⑥共済組合保険(家族) | 10   | (3.7%)  | 25   | (3.4%)  | 14   | (3.8%)  | 83    | (2.0%)  | 59    | (2.7%)  | 191   | (2.5%)  | 75       | (2.2%)  |
| ⑦国民健康保険(本人) | 58   | (21.6%) | 173  | (23.7%) | 60   | (16.3%) | 1,000 | (23.7%) | 390   | (18.1%) | 1,681 | (21.7%) | 687      | (20.4%) |
| ⑧国民健康保険(家族) | 79   | (29.5%) | 214  | (29.3%) | 114  | (30.9%) | 1,401 | (33.2%) | 589   | (27.4%) | 2,397 | (31.0%) | 1,292    | (38.3%) |
| ⑨生活保護       | 17   | (6.3%)  | 74   | (10.1%) | 19   | (5.1%)  | 665   | (15.8%) | 277   | (12.9%) | 1,052 | (13.6%) | 538      | (16.0%) |
| ⑩自費         | 2    | (0.7%)  | 1    | (0.1%)  | 2    | (0.5%)  | 3     | (0.1%)  | 2     | (0.1%)  | 10    | (0.1%)  | 4        | (0.1%)  |
| 複数回答        | 0    | -       | 0    | -       | 0    | -       | 6     | -       | 4     | -       | 10    | -       | 8        | -       |
| 無回答         | 25   | -       | 16   | -       | 30   | -       | 36    | -       | 14    | -       | 121   | -       | 46       | -       |
| 計           | 293  | -       | 747  | -       | 399  | -       | 4,263 | -       | 2,169 | -       | 7,871 | -       | 3,423    | -       |

## (才)精神障害者福祉手帳(主治医 問4)

|         | 1国立 |         | 2自治体 |         | 3大学 |         | 4日精協  |         | 5日精診  |         | 合計       |         |               |
|---------|-----|---------|------|---------|-----|---------|-------|---------|-------|---------|----------|---------|---------------|
|         |     |         |      |         |     |         |       |         |       |         | うち、統合失調症 |         |               |
| ①もっていない | 218 | (86.5%) | 556  | (87.8%) | 340 | (93.2%) | 2,936 | (75.1%) | 1,847 | (87.1%) | 5,897    | (81.0%) | 2,139 (67.9%) |
| ②1級     | 2   | (0.8%)  | 8    | (1.3%)  | 5   | (1.4%)  | 116   | (3.0%)  | 31    | (1.5%)  | 162      | (2.2%)  | 121 (3.8%)    |
| ③2級     | 22  | (8.7%)  | 57   | (9.0%)  | 13  | (3.6%)  | 660   | (16.9%) | 192   | (9.1%)  | 944      | (13.0%) | 702 (22.3%)   |
| ④3級     | 10  | (4.0%)  | 12   | (1.9%)  | 7   | (1.9%)  | 195   | (5.0%)  | 51    | (2.4%)  | 275      | (3.8%)  | 188 (6.0%)    |
| 複数回答    | 1   | -       | 1    | -       | 0   | -       | 5     | -       | 1     | -       | 8        | -       | 1 -           |
| 無回答     | 40  | -       | 113  | -       | 34  | -       | 351   | -       | 47    | -       | 585      | -       | 272 -         |
| 計       | 293 | -       | 747  | -       | 399 | -       | 4,263 | -       | 2,169 | -       | 7,871    | -       | 3,423 -       |

## (力)介護保険要介護度(主治医 問5)

|         | 1国立 |         | 2自治体 |         | 3大学 |         | 4日精協  |         | 5日精診  |         | 合計       |         |               |
|---------|-----|---------|------|---------|-----|---------|-------|---------|-------|---------|----------|---------|---------------|
|         |     |         |      |         |     |         |       |         |       |         | うち、統合失調症 |         |               |
| ①受けていない | 262 | (98.1%) | 609  | (96.5%) | 359 | (98.4%) | 3,939 | (98.2%) | 2,076 | (98.3%) | 7,245    | (98.1%) | 3,217 (99.2%) |
| ②要支援    | 0   | (0.0%)  | 5    | (0.8%)  | 0   | (0.0%)  | 15    | (0.4%)  | 13    | (0.6%)  | 33       | (0.4%)  | 6 (0.2%)      |
| ③要介護度1  | 1   | (0.4%)  | 4    | (0.6%)  | 1   | (0.3%)  | 25    | (0.6%)  | 6     | (0.3%)  | 37       | (0.5%)  | 10 (0.3%)     |
| ④要介護度2  | 1   | (0.4%)  | 8    | (1.3%)  | 3   | (0.8%)  | 16    | (0.4%)  | 8     | (0.4%)  | 36       | (0.5%)  | 4 (0.1%)      |
| ⑤要介護度3  | 2   | (0.7%)  | 1    | (0.2%)  | 1   | (0.3%)  | 13    | (0.3%)  | 5     | (0.2%)  | 22       | (0.3%)  | 3 (0.1%)      |
| ⑥要介護度4  | 1   | (0.4%)  | 3    | (0.5%)  | 0   | (0.0%)  | 4     | (0.1%)  | 2     | (0.1%)  | 10       | (0.1%)  | 2 (0.1%)      |
| ⑦要介護度5  | 0   | (0.0%)  | 1    | (0.2%)  | 1   | (0.3%)  | 0     | (0.0%)  | 1     | (0.0%)  | 3        | (0.0%)  | 0 (0.0%)      |
| 複数回答    | 0   | -       | 0    | -       | 0   | -       | 0     | -       | 2     | -       | 2        | -       | 1 -           |
| 無回答     | 26  | -       | 116  | -       | 34  | -       | 251   | -       | 56    | -       | 483      | -       | 180 -         |
| 計       | 293 | -       | 747  | -       | 399 | -       | 4,263 | -       | 2,169 | -       | 7,871    | -       | 3,423 -       |

## 2. 入院歴

### (ア) 精神科初診時の年齢(主治医 問8)

| 年齢区分   | 1国立        | 2自治体        | 3大学        | 4日精協          | 5日精診        | 合計            |               |
|--------|------------|-------------|------------|---------------|-------------|---------------|---------------|
|        |            |             |            |               |             |               | うち、統合失調症      |
| 10歳未満  | 31 (10.7%) | 81 (11.0%)  | 60 (15.4%) | 453 (10.8%)   | 258 (12.0%) | 883 (11.4%)   | 511 (15.1%)   |
| 10~19歳 | 83 (28.7%) | 213 (29.0%) | 95 (24.4%) | 1,380 (33.0%) | 572 (26.7%) | 2,343 (30.3%) | 1,413 (41.8%) |
| 20~29歳 | 70 (24.2%) | 128 (17.4%) | 73 (18.7%) | 961 (23.0%)   | 523 (24.4%) | 1,755 (22.7%) | 848 (25.1%)   |
| 30~39歳 | 45 (15.6%) | 118 (16.1%) | 62 (15.9%) | 632 (15.1%)   | 325 (15.1%) | 1,182 (15.3%) | 392 (11.6%)   |
| 40~49歳 | 30 (10.4%) | 70 (9.5%)   | 48 (12.3%) | 398 (9.5%)    | 253 (11.8%) | 799 (10.3%)   | 157 (4.6%)    |
| 50~59歳 | 14 (4.8%)  | 39 (5.3%)   | 13 (3.3%)  | 148 (3.5%)    | 74 (3.4%)   | 288 (3.7%)    | 34 (1.0%)     |
| 60~64歳 | 16 (5.5%)  | 85 (11.6%)  | 39 (10.0%) | 212 (5.1%)    | 141 (6.6%)  | 493 (6.4%)    | 22 (0.7%)     |
| 65歳以上  | 0 (0.0%)   | 0 (0.0%)    | 0 (0.0%)   | 0 (0.0%)      | 0 (0.0%)    | 0 (0.0%)      | 0 (0.0%)      |
| 無回答    | 4          | -           | 13         | -             | 79          | -             | 23            |
| 計      | 293        | -           | 747        | -             | 399         | -             | 4,263         |
|        |            |             |            |               |             |               | 2,169         |
|        |            |             |            |               |             |               | -             |
|        |            |             |            |               |             |               | 7,871         |
|        |            |             |            |               |             |               | -             |
|        |            |             |            |               |             |               | 3,423         |

### (イ) 精神科通算入院回数(主治医 問9)

| 回数    | 1国立         | 2自治体        | 3大学         | 4日精協          | 5日精診          | 合計            |             |
|-------|-------------|-------------|-------------|---------------|---------------|---------------|-------------|
|       |             |             |             |               |               |               | うち、統合失調症    |
| 0回    | 103 (35.4%) | 321 (45.1%) | 211 (55.1%) | 1,066 (26.0%) | 1,322 (68.1%) | 3,023 (40.7%) | 602 (18.4%) |
| 1回    | 71 (24.4%)  | 136 (19.1%) | 86 (22.5%)  | 1,002 (24.5%) | 265 (13.7%)   | 1,560 (21.0%) | 845 (25.8%) |
| 2回    | 39 (13.4%)  | 88 (12.4%)  | 44 (11.5%)  | 616 (15.0%)   | 120 (6.2%)    | 907 (12.2%)   | 559 (17.1%) |
| 3回    | 24 (8.2%)   | 49 (6.9%)   | 20 (5.2%)   | 390 (9.5%)    | 89 (4.6%)     | 572 (7.7%)    | 377 (11.5%) |
| 4回    | 15 (5.2%)   | 28 (3.9%)   | 9 (2.3%)    | 272 (6.6%)    | 42 (2.2%)     | 366 (4.9%)    | 240 (7.3%)  |
| 5回    | 7 (2.4%)    | 28 (3.9%)   | 4 (1.0%)    | 226 (5.5%)    | 39 (2.0%)     | 304 (4.1%)    | 214 (6.5%)  |
| 6回    | 9 (3.1%)    | 18 (2.5%)   | 1 (0.3%)    | 115 (2.8%)    | 17 (0.9%)     | 160 (2.2%)    | 104 (3.2%)  |
| 7回    | 6 (2.1%)    | 9 (1.3%)    | 1 (0.3%)    | 94 (2.3%)     | 10 (0.5%)     | 120 (1.6%)    | 88 (2.7%)   |
| 8回    | 4 (1.4%)    | 9 (1.3%)    | 2 (0.5%)    | 75 (1.8%)     | 6 (0.3%)      | 96 (1.3%)     | 62 (1.9%)   |
| 9回    | 1 (0.3%)    | 4 (0.6%)    | 1 (0.3%)    | 54 (1.3%)     | 2 (0.1%)      | 62 (0.8%)     | 43 (1.3%)   |
| 10回   | 5 (1.7%)    | 6 (0.8%)    | 2 (0.5%)    | 44 (1.1%)     | 13 (0.7%)     | 70 (0.9%)     | 41 (1.3%)   |
| 11回以上 | 7 (2.4%)    | 15 (2.1%)   | 2 (0.5%)    | 140 (3.4%)    | 15 (0.8%)     | 179 (2.4%)    | 98 (3.0%)   |
| 無回答   | 2           | -           | 36          | -             | 16            | -             | 169         |
| 計     | 293         | -           | 747         | -             | 399           | -             | 4,263       |
|       |             |             |             |               |               |               | 2,169       |
|       |             |             |             |               |               |               | -           |
|       |             |             |             |               |               |               | 7,871       |
|       |             |             |             |               |               |               | -           |
|       |             |             |             |               |               |               | 3,423       |

### (ウ) 精神科通算入院期間(主治医 問10)

| 通算入院期間      | 1国立        | 2自治体        | 3大学         | 4日精協        | 5日精診        | 合計            |             |
|-------------|------------|-------------|-------------|-------------|-------------|---------------|-------------|
|             |            |             |             |             |             |               | うち、統合失調症    |
| なし          | 47 (20.9%) | 186 (33.6%) | 105 (39.8%) | 496 (14.7%) | 470 (46.4%) | 1,304 (24.0%) | 226 (8.2%)  |
| 1ヶ月未満       | 1 (0.4%)   | 1 (0.2%)    | 0 (0.0%)    | 9 (0.3%)    | 8 (0.8%)    | 19 (0.4%)     | 5 (0.2%)    |
| 1ヶ月以上3ヶ月未満  | 35 (15.6%) | 99 (17.9%)  | 43 (16.3%)  | 455 (13.5%) | 122 (12.1%) | 754 (13.9%)   | 314 (11.4%) |
| 3ヶ月以上6ヶ月未満  | 48 (21.3%) | 81 (14.6%)  | 44 (16.7%)  | 505 (15.0%) | 119 (11.8%) | 797 (14.7%)   | 423 (15.4%) |
| 6ヶ月以上1年未満   | 30 (13.3%) | 66 (11.9%)  | 40 (15.2%)  | 514 (15.3%) | 102 (10.1%) | 752 (13.9%)   | 465 (16.9%) |
| 1年以上1年6ヶ月未満 | 25 (11.1%) | 41 (7.4%)   | 14 (5.3%)   | 264 (7.8%)  | 65 (6.4%)   | 409 (7.5%)    | 263 (9.6%)  |
| 1年6ヶ月以上3年未満 | 25 (11.1%) | 41 (7.4%)   | 10 (3.8%)   | 390 (11.6%) | 43 (4.2%)   | 509 (9.4%)    | 357 (13.0%) |
| 3年以上5年未満    | 7 (3.1%)   | 13 (2.3%)   | 2 (0.8%)    | 265 (7.9%)  | 33 (3.3%)   | 320 (5.9%)    | 240 (8.7%)  |
| 5年以上10年未満   | 3 (1.3%)   | 16 (2.9%)   | 3 (1.1%)    | 237 (7.0%)  | 31 (3.1%)   | 290 (5.3%)    | 232 (8.4%)  |
| 10年以上20年未満  | 4 (1.8%)   | 9 (1.6%)    | 1 (0.4%)    | 152 (4.5%)  | 16 (1.6%)   | 182 (3.4%)    | 147 (5.4%)  |
| 20年以上       | 0 (0.0%)   | 1 (0.2%)    | 2 (0.8%)    | 81 (2.4%)   | 3 (0.3%)    | 87 (1.6%)     | 74 (2.7%)   |
| 不明          | 16         | -           | 23          | -           | 12          | -             | 178         |
| 無回答         | 52         | -           | 170         | -           | 123         | -             | 717         |
| 計           | 293        | -           | 747         | -           | 399         | -             | 4,263       |
|             |            |             |             |             |             |               | 2,169       |
|             |            |             |             |             |             |               | -           |
|             |            |             |             |             |             |               | 7,871       |
|             |            |             |             |             |             |               | -           |
|             |            |             |             |             |             |               | 3,423       |

### 3. 狀態

(ア) 診断分類(ICD-10)(主治医 間12)

| 分類                             | 1国立            | 2自治体           | 3大学            | 4日精協             | 5日精診           | 合計               |
|--------------------------------|----------------|----------------|----------------|------------------|----------------|------------------|
| ①痴呆性疾患(F00-03)                 | 4<br>(1.4%)    | 30<br>(4.1%)   | 24<br>(6.3%)   | 90<br>(2.2%)     | 27<br>(1.3%)   | 175<br>(2.3%)    |
| ②その他の症状性を含む器質性精神障害(F04-09)     | 10<br>(3.5%)   | 18<br>(2.5%)   | 8<br>(2.1%)    | 52<br>(5.1%)     | 12<br>(0.6%)   | 100<br>(1.3%)    |
| ③アルコールによる精神・行動の障害(F10)         | 14<br>(4.9%)   | 29<br>(4.0%)   | 7<br>(1.8%)    | 210<br>(5.1%)    | 110<br>(5.2%)  | 370<br>(4.8%)    |
| ④その他の精神作用物質による精神・行動の障害(F11-19) | 8<br>(2.8%)    | 8<br>(1.1%)    | 3<br>(0.8%)    | 29<br>(0.7%)     | 16<br>(0.8%)   | 64<br>(0.8%)     |
| ⑤統合失調症(精神分裂病)(F20)             | 126<br>(43.8%) | 267<br>(36.5%) | 118<br>(30.7%) | 2,265<br>(54.6%) | 647<br>(30.5%) | 3,423<br>(44.6%) |
| ⑥その他の精神病性障害(F21-29)            | 11<br>(3.8%)   | 34<br>(4.7%)   | 14<br>(3.6%)   | 186<br>(4.5%)    | 74<br>(3.5%)   | 319<br>(4.2%)    |
| ⑦気分(感情)障害(F3)                  | 55<br>(19.1%)  | 165<br>(22.6%) | 96<br>(25.0%)  | 708<br>(17.1%)   | 620<br>(29.2%) | 1,644<br>(21.4%) |
| ⑧神経症性・ストレス関連・身体表現性障害(F4)       | 44<br>(15.3%)  | 123<br>(16.8%) | 83<br>(21.6%)  | 373<br>(9.0%)    | 456<br>(21.5%) | 1,079<br>(14.1%) |
| ⑨生理的障害・身体的要因に関連した行動症候群(F5)     | 5<br>(1.7%)    | 9<br>(1.2%)    | 3<br>(0.8%)    | 11<br>(0.3%)     | 24<br>(1.1%)   | 52<br>(0.7%)     |
| ⑩成人の人格・行動の障害(F6)               | 7<br>(2.4%)    | 16<br>(2.2%)   | 7<br>(1.8%)    | 71<br>(1.7%)     | 60<br>(2.8%)   | 161<br>(2.1%)    |
| ⑪精神遅滞(F7)                      | 1<br>(0.3%)    | 14<br>(1.9%)   | 4<br>(1.0%)    | 51<br>(1.2%)     | 16<br>(0.8%)   | 86<br>(1.1%)     |
| ⑫心理的発達の障害(F8)                  | 0<br>(0.0%)    | 3<br>(0.4%)    | 2<br>(0.5%)    | 9<br>(0.2%)      | 12<br>(0.6%)   | 26<br>(0.3%)     |
| ⑬小児期・青年期に発症する行動・情緒の障害(F90-98)  | 0<br>(0.0%)    | 1<br>(0.1%)    | 1<br>(0.3%)    | 9<br>(0.2%)      | 11<br>(0.5%)   | 22<br>(0.3%)     |
| ⑭特定不能の精神障害(F99)                | 0<br>(0.0%)    | 0<br>(0.0%)    | 1<br>(0.3%)    | 4<br>(0.1%)      | 2<br>(0.1%)    | 7<br>(0.1%)      |
| ⑮てんかん(G40)                     | 3<br>(1.0%)    | 14<br>(1.9%)   | 13<br>(3.4%)   | 78<br>(1.9%)     | 34<br>(1.6%)   | 142<br>(1.9%)    |
| 複数回答                           | 1<br>-         | 6<br>-         | 4<br>-         | 46<br>-          | 31<br>-        | 88<br>-          |
| 無回答                            | 4<br>-         | 10<br>-        | 11<br>-        | 71<br>-          | 17<br>-        | 113<br>-         |
| 計                              | 293<br>-       | 747<br>-       | 399<br>-       | 4,263<br>-       | 2,169<br>-     | 7,871<br>-       |

(イ) GAF(機能の全体的評定尺度)評点(主治医 間13)

| GAF点数   | 1国立 |         | 2自治体 |         | 3大学 |         | 4日精協  |         | 5日精診  |         | 合計    | うち、統合失調症 |       |         |
|---|-----|---------|------|---------|-----|---------|-------|---------|-------|---------|-------|----------|-------|---------|
|   |     |         |      |         |     |         |       |         |       |         |       |          |       |         |
| 100-91(最高に機能しており、症状はなにもない)                        | 6   | (2.1%)  | 9    | (1.2%)  | 8   | (2.1%)  | 87    | (2.1%)  | 83    | (3.9%)  | 193   | (2.5%)   | 34    | (1.0%)  |
| 90-81(症状が全くないか、少しだけ)                              | 27  | (9.3%)  | 75   | (10.3%) | 31  | (8.0%)  | 434   | (10.4%) | 254   | (11.9%) | 821   | (10.7%)  | 189   | (5.6%)  |
| 80-71(症状があったとしても心理的・社会的ストレスによる一過性のもの。ごくわずかな障害)    | 48  | (16.6%) | 98   | (13.4%) | 54  | (13.9%) | 691   | (16.6%) | 367   | (17.2%) | 1,258 | (16.3%)  | 367   | (10.9%) |
| 70-61(いくつかの軽い症状、機能にいくらかの困難があるが、全般的には良好)           | 80  | (27.7%) | 210  | (28.8%) | 111 | (28.6%) | 1,189 | (28.6%) | 552   | (25.8%) | 2,142 | (27.8%)  | 884   | (26.3%) |
| 60-51(中等度の症状、機能における中等度の障害)                        | 74  | (25.6%) | 192  | (26.3%) | 111 | (28.6%) | 1,032 | (24.8%) | 455   | (21.3%) | 1,864 | (24.2%)  | 1,002 | (29.8%) |
| 50-41(重大な症状、機能における重大な障害)                          | 26  | (9.0%)  | 60   | (8.2%)  | 40  | (10.3%) | 301   | (7.2%)  | 201   | (9.4%)  | 628   | (8.2%)   | 350   | (10.4%) |
| 40-31(現実検討が意思伝達にいくらかの欠陥、多くの面での粗大な欠陥)              | 23  | (8.0%)  | 59   | (8.1%)  | 23  | (5.9%)  | 316   | (7.6%)  | 137   | (6.4%)  | 558   | (7.2%)   | 389   | (11.6%) |
| 30-21(妄想・幻覚に相当影響された行動、意思伝達が判断に粗大な欠陥、ほとんどの面での機能不能) | 4   | (1.4%)  | 22   | (3.0%)  | 7   | (1.8%)  | 90    | (2.2%)  | 72    | (3.4%)  | 195   | (2.5%)   | 130   | (3.9%)  |
| 20-11(かなりの自傷他害の危険性、最低限の清潔維持の困難、意思伝達の粗大な欠陥)        | 1   | (0.3%)  | 3    | (0.4%)  | 1   | (0.3%)  | 13    | (0.3%)  | 12    | (0.6%)  | 30    | (0.4%)   | 10    | (0.3%)  |
| 10-1(自傷他害の危険が続いている、最低限の清潔維持が持続的に不可能、重大な自殺行為)      | 0   | (0.0%)  | 0    | (0.0%)  | 2   | (0.5%)  | 4     | (0.1%)  | 4     | (0.2%)  | 10    | (0.1%)   | 1     | (0.0%)  |
| 0(情報不十分)  | 0   | (0.0%)  | 1    | (0.1%)  | 0   | (0.0%)  | 3     | (0.1%)  | 1     | (0.0%)  | 5     | (0.1%)   | 1     | (0.0%)  |
| 無回答   | 4   | -       | 18   | -       | 11  | -       | 103   | -       | 31    | -       | 167   | -        | 66    | -       |
| 計   | 293 | -       | 747  | -       | 399 | -       | 4,263 | -       | 2,169 | -       | 7,871 | -        | 3,423 | -       |

(ウ)精神症状<sup>\*1)</sup>(主治医 問15)

|       | 1国立         | 2自治体        | 3大学         | 4日精協          | 5日精診        | 合計            | うち、統合失調症      |
|-------|-------------|-------------|-------------|---------------|-------------|---------------|---------------|
|       |             |             |             |               |             |               |               |
| 精神症状1 | 102 (35.2%) | 243 (32.7%) | 143 (36.2%) | 1,311 (31.0%) | 746 (34.6%) | 2,545 (32.6%) | 660 (19.3%)   |
| 精神症状2 | 84 (29.0%)  | 224 (30.2%) | 116 (29.4%) | 1,256 (29.7%) | 636 (29.5%) | 2,316 (29.7%) | 941 (27.6%)   |
| 精神症状3 | 66 (22.8%)  | 182 (24.5%) | 96 (24.3%)  | 1,132 (26.8%) | 477 (22.2%) | 1,953 (25.0%) | 1,202 (35.2%) |
| 精神症状4 | 35 (12.1%)  | 73 (9.8%)   | 34 (8.6%)   | 424 (10.0%)   | 234 (10.9%) | 800 (10.2%)   | 515 (15.1%)   |
| 精神症状5 | 2 (0.7%)    | 19 (2.6%)   | 4 (1.0%)    | 102 (2.4%)    | 53 (2.5%)   | 180 (2.3%)    | 92 (2.7%)     |
| 精神症状6 | 1 (0.3%)    | 1 (0.1%)    | 2 (0.5%)    | 6 (0.1%)      | 7 (0.3%)    | 17 (0.2%)     | 3 (0.1%)      |
| 複数回答  | 1           | -           | 0           | -             | 2           | -             | 1             |
| 無回答   | 2           | -           | 5           | -             | 30          | -             | 15            |
| 計     | 293         | -           | 747         | -             | 399         | -             | 4,263         |
|       |             |             |             |               |             | -             | 2,169         |
|       |             |             |             |               |             | -             | 7,871         |
|       |             |             |             |               |             | -             | 3,423         |

(エ)日常生活能力<sup>\*2)</sup>(主治医 問16)

|       | 1国立         | 2自治体        | 3大学         | 4日精協          | 5日精診        | 合計            | うち、統合失調症      |
|-------|-------------|-------------|-------------|---------------|-------------|---------------|---------------|
|       |             |             |             |               |             |               |               |
| 能力障害1 | 114 (39.2%) | 274 (37.0%) | 176 (44.6%) | 1,511 (35.8%) | 900 (41.8%) | 2,975 (38.1%) | 747 (21.9%)   |
| 能力障害2 | 115 (39.5%) | 295 (39.9%) | 138 (34.9%) | 1,587 (37.6%) | 736 (34.2%) | 2,871 (36.8%) | 1,443 (42.3%) |
| 能力障害3 | 46 (15.8%)  | 129 (17.4%) | 59 (14.9%)  | 916 (21.7%)   | 395 (18.3%) | 1,545 (19.8%) | 1,003 (29.4%) |
| 能力障害4 | 15 (5.2%)   | 35 (4.7%)   | 19 (4.8%)   | 184 (4.4%)    | 110 (5.1%)  | 363 (4.7%)    | 204 (6.0%)    |
| 能力障害5 | 1 (0.3%)    | 7 (0.9%)    | 3 (0.8%)    | 27 (0.6%)     | 14 (0.6%)   | 52 (0.7%)     | 14 (0.4%)     |
| 複数回答  | 0           | -           | 1           | -             | 0           | -             | 0             |
| 無回答   | 2           | -           | 6           | -             | 4           | -             | 38            |
| 計     | 293         | -           | 747         | -             | 399         | -             | 4,263         |
|       |             |             |             |               |             | -             | 2,169         |
|       |             |             |             |               |             | -             | 7,871         |
|       |             |             |             |               |             | -             | 3,423         |

註) \*1) \*2)は、日本精神科病院協会平成14年度マスター・プラン調査で使用した尺度

## (オ)病状への洞察(主治医 問17)

|         | 1国立         | 2自治体        | 3大学         | 4日精協          | 5日精診          | 合計            | うち、統合失調症      |
|---------|-------------|-------------|-------------|---------------|---------------|---------------|---------------|
|         |             |             |             |               |               |               |               |
| ①十分にある  | 166 (56.8%) | 400 (53.9%) | 237 (60.0%) | 2,031 (47.9%) | 1,336 (62.0%) | 4,170 (53.3%) | 1,121 (32.8%) |
| ②不十分    | 116 (39.7%) | 294 (39.6%) | 138 (34.9%) | 1,918 (45.3%) | 704 (32.7%)   | 3,170 (40.5%) | 1,997 (58.5%) |
| ③ほとんどない | 10 (3.4%)   | 48 (6.5%)   | 20 (5.1%)   | 289 (6.8%)    | 116 (5.4%)    | 483 (6.2%)    | 298 (8.7%)    |
| 無回答     | 1           | -           | 5           | -             | 4             | -             | 25            |
| 計       | 293         | -           | 747         | -             | 399           | -             | 4,263         |
|         |             |             |             |               |               | -             | 2,169         |
|         |             |             |             |               |               | -             | 7,871         |
|         |             |             |             |               |               | -             | 3,423         |

## (カ)薬物療法の必要性の認識(主治医 問18)

|            | 1国立         | 2自治体        | 3大学         | 4日精協          | 5日精診          | 合計            | うち、統合失調症      |
|------------|-------------|-------------|-------------|---------------|---------------|---------------|---------------|
|            |             |             |             |               |               |               |               |
| ①十分に認識している | 189 (64.9%) | 426 (57.5%) | 249 (63.4%) | 2,271 (53.7%) | 1,461 (67.8%) | 4,596 (58.8%) | 1,439 (42.1%) |
| ②不十分・服薬    | 83 (28.5%)  | 268 (36.2%) | 123 (31.3%) | 1,699 (40.2%) | 569 (26.4%)   | 2,742 (35.1%) | 1,707 (50.0%) |
| ③不十分・服薬しない | 15 (5.2%)   | 38 (5.1%)   | 18 (4.6%)   | 227 (5.4%)    | 97 (4.5%)     | 395 (5.1%)    | 263 (7.7%)    |
| ④不要        | 4 (1.4%)    | 9 (1.2%)    | 3 (0.8%)    | 34 (0.8%)     | 29 (1.3%)     | 79 (1.0%)     | 6 (0.2%)      |
| 無回答        | 2           | -           | 6           | -             | 6             | -             | 32            |
| 計          | 293         | -           | 747         | -             | 399           | -             | 4,263         |
|            |             |             |             |               |               | -             | 2,169         |
|            |             |             |             |               |               | -             | 7,871         |
|            |             |             |             |               |               | -             | 3,423         |

## (キ)ADL(基本的日常生活動作)各項目の自立度(主治医 間19)

## a.ベッド上の可動性

| 状態       | 1国立 |         | 2自治体 |         | 3大学 |         | 4日精協  |         | 5日精診  |         | 合計       |         |
|----------|-----|---------|------|---------|-----|---------|-------|---------|-------|---------|----------|---------|
|          |     |         |      |         |     |         |       |         |       |         | うち、統合失調症 |         |
| 0 自立     | 285 | (97.6%) | 714  | (96.2%) | 384 | (97.7%) | 4,111 | (97.8%) | 2,130 | (98.8%) | 7,624    | (97.9%) |
| 1 準備のみ   | 0   | (0.0%)  | 9    | (1.2%)  | 0   | (0.0%)  | 37    | (0.9%)  | 7     | (0.3%)  | 53       | (0.7%)  |
| 2 観察     | 4   | (1.4%)  | 4    | (0.5%)  | 1   | (0.3%)  | 20    | (0.5%)  | 4     | (0.2%)  | 33       | (0.4%)  |
| 3 部分的な援助 | 1   | (0.3%)  | 4    | (0.5%)  | 4   | (1.0%)  | 16    | (0.4%)  | 4     | (0.2%)  | 29       | (0.4%)  |
| 4 広範な援助  | 2   | (0.7%)  | 6    | (0.8%)  | 1   | (0.3%)  | 11    | (0.3%)  | 5     | (0.2%)  | 25       | (0.3%)  |
| 5 最大の援助  | 0   | (0.0%)  | 1    | (0.1%)  | 0   | (0.0%)  | 3     | (0.1%)  | 1     | (0.0%)  | 5        | (0.1%)  |
| 6 全面依存   | 0   | (0.0%)  | 4    | (0.5%)  | 2   | (0.5%)  | 1     | (0.0%)  | 5     | (0.2%)  | 12       | (0.2%)  |
| 9 動作なし   | 0   | (0.0%)  | 0    | (0.0%)  | 1   | (0.3%)  | 5     | (0.1%)  | 0     | (0.0%)  | 6        | (0.1%)  |
| 複数回答     | 0   | -       | 0    | -       | 0   | -       | 1     | -       | 0     | -       | 1        | -       |
| 無回答      | 1   | -       | 5    | -       | 6   | -       | 58    | -       | 13    | -       | 83       | -       |
| 計        | 293 | -       | 747  | -       | 399 | -       | 4,263 | -       | 2,169 | -       | 7,871    | -       |
|          |     |         |      |         |     |         |       |         |       |         |          | 3,423   |

## b.移乗

| 状態       | 1国立 |         | 2自治体 |         | 3大学 |         | 4日精協  |         | 5日精診  |         | 合計       |         |
|----------|-----|---------|------|---------|-----|---------|-------|---------|-------|---------|----------|---------|
|          |     |         |      |         |     |         |       |         |       |         | うち、統合失調症 |         |
| 0 自立     | 281 | (96.6%) | 713  | (96.2%) | 382 | (97.2%) | 4,103 | (97.7%) | 2,123 | (98.5%) | 7,602    | (97.7%) |
| 1 準備のみ   | 2   | (0.7%)  | 10   | (1.3%)  | 1   | (0.3%)  | 37    | (0.9%)  | 8     | (0.4%)  | 58       | (0.7%)  |
| 2 観察     | 5   | (1.7%)  | 1    | (0.1%)  | 2   | (0.5%)  | 19    | (0.5%)  | 7     | (0.3%)  | 34       | (0.4%)  |
| 3 部分的な援助 | 2   | (0.7%)  | 2    | (0.3%)  | 3   | (0.8%)  | 21    | (0.5%)  | 5     | (0.2%)  | 33       | (0.4%)  |
| 4 広範な援助  | 1   | (0.3%)  | 9    | (1.2%)  | 1   | (0.3%)  | 6     | (0.1%)  | 4     | (0.2%)  | 21       | (0.3%)  |
| 5 最大の援助  | 0   | (0.0%)  | 2    | (0.3%)  | 3   | (0.8%)  | 5     | (0.1%)  | 3     | (0.1%)  | 13       | (0.2%)  |
| 6 全面依存   | 0   | (0.0%)  | 4    | (0.5%)  | 1   | (0.3%)  | 3     | (0.1%)  | 5     | (0.2%)  | 13       | (0.2%)  |
| 9 動作なし   | 0   | (0.0%)  | 0    | (0.0%)  | 0   | (0.0%)  | 5     | (0.1%)  | 0     | (0.0%)  | 5        | (0.1%)  |
| 複数回答     | 0   | -       | 0    | -       | 0   | -       | 1     | -       | 0     | -       | 1        | -       |
| 無回答      | 2   | -       | 6    | -       | 6   | -       | 63    | -       | 14    | -       | 91       | -       |
| 計        | 293 | -       | 747  | -       | 399 | -       | 4,263 | -       | 2,169 | -       | 7,871    | -       |
|          |     |         |      |         |     |         |       |         |       |         |          | 3,423   |

## c.食事

| 状態       | 1国立 |         | 2自治体 |         | 3大学 |         | 4日精協  |         | 5日精診  |         | 合計       |         |
|----------|-----|---------|------|---------|-----|---------|-------|---------|-------|---------|----------|---------|
|          |     |         |      |         |     |         |       |         |       |         | うち、統合失調症 |         |
| 0 自立     | 280 | (96.6%) | 704  | (95.0%) | 369 | (93.9%) | 4,035 | (96.1%) | 2,098 | (97.4%) | 7,486    | (96.3%) |
| 1 準備のみ   | 10  | (3.4%)  | 20   | (2.7%)  | 11  | (2.8%)  | 94    | (2.2%)  | 27    | (1.3%)  | 162      | (2.1%)  |
| 2 観察     | 0   | (0.0%)  | 7    | (0.9%)  | 5   | (1.3%)  | 31    | (0.7%)  | 12    | (0.6%)  | 55       | (0.7%)  |
| 3 部分的な援助 | 0   | (0.0%)  | 4    | (0.5%)  | 3   | (0.8%)  | 12    | (0.3%)  | 7     | (0.3%)  | 26       | (0.3%)  |
| 4 広範な援助  | 0   | (0.0%)  | 1    | (0.1%)  | 2   | (0.5%)  | 13    | (0.3%)  | 5     | (0.2%)  | 21       | (0.3%)  |
| 5 最大の援助  | 0   | (0.0%)  | 2    | (0.3%)  | 2   | (0.5%)  | 6     | (0.1%)  | 3     | (0.1%)  | 13       | (0.2%)  |
| 6 全面依存   | 0   | (0.0%)  | 3    | (0.4%)  | 1   | (0.3%)  | 2     | (0.0%)  | 3     | (0.1%)  | 9        | (0.1%)  |
| 9 動作なし   | 0   | (0.0%)  | 0    | (0.0%)  | 0   | (0.0%)  | 5     | (0.1%)  | 0     | (0.0%)  | 5        | (0.1%)  |
| 複数回答     | 0   | -       | 0    | -       | 0   | -       | 1     | -       | 1     | -       | 2        | -       |
| 無回答      | 3   | -       | 6    | -       | 6   | -       | 64    | -       | 13    | -       | 92       | -       |
| 計        | 293 | -       | 747  | -       | 399 | -       | 4,263 | -       | 2,169 | -       | 7,871    | -       |
|          |     |         |      |         |     |         |       |         |       |         |          | 3,423   |

## d.トイレの使用

| 状態       | 1国立 |         | 2自治体 |         | 3大学 |         | 4日精協  |         | 5日精診  |         | 合計       |         |
|----------|-----|---------|------|---------|-----|---------|-------|---------|-------|---------|----------|---------|
|          |     |         |      |         |     |         |       |         |       |         | うち、統合失調症 |         |
| 0 自立     | 286 | (98.6%) | 704  | (95.4%) | 379 | (96.7%) | 4,081 | (97.6%) | 2,115 | (98.2%) | 7,565    | (97.5%) |
| 1 準備のみ   | 2   | (0.7%)  | 13   | (1.8%)  | 4   | (1.0%)  | 40    | (1.0%)  | 10    | (0.5%)  | 69       | (0.9%)  |
| 2 観察     | 0   | (0.0%)  | 4    | (0.5%)  | 3   | (0.8%)  | 17    | (0.4%)  | 9     | (0.4%)  | 33       | (0.4%)  |
| 3 部分的な援助 | 1   | (0.3%)  | 4    | (0.5%)  | 1   | (0.3%)  | 17    | (0.4%)  | 1     | (0.0%)  | 24       | (0.3%)  |
| 4 広範な援助  | 0   | (0.0%)  | 5    | (0.7%)  | 2   | (0.5%)  | 12    | (0.3%)  | 7     | (0.3%)  | 26       | (0.3%)  |
| 5 最大の援助  | 1   | (0.3%)  | 1    | (0.1%)  | 1   | (0.3%)  | 5     | (0.1%)  | 3     | (0.1%)  | 11       | (0.1%)  |
| 6 全面依存   | 0   | (0.0%)  | 7    | (0.9%)  | 2   | (0.5%)  | 5     | (0.1%)  | 7     | (0.3%)  | 21       | (0.3%)  |
| 9 動作なし   | 0   | (0.0%)  | 0    | (0.0%)  | 0   | (0.0%)  | 5     | (0.1%)  | 1     | (0.0%)  | 6        | (0.1%)  |
| 複数回答     | 0   | -       | 0    | -       | 0   | -       | 1     | -       | 1     | -       | 2        | -       |
| 無回答      | 3   | -       | 9    | -       | 7   | -       | 80    | -       | 15    | -       | 114      | -       |
| 計        | 293 | -       | 747  | -       | 399 | -       | 4,263 | -       | 2,169 | -       | 7,871    | -       |
|          |     |         |      |         |     |         |       |         |       |         |          | 3,423   |

## (ク)ADL得点(主治医 問19)

| ADL得点   | 1国立 |          | 2自治体 |          | 3大学 |          | 4日精協  |          | 5日精診  |          | 合計       |          |                |
|---------|-----|----------|------|----------|-----|----------|-------|----------|-------|----------|----------|----------|----------------|
|         |     |          |      |          |     |          |       |          |       |          | うち、統合失調症 |          |                |
| 4点      | 287 | (99.3%)  | 719  | (97.4%)  | 381 | (97.2%)  | 4,111 | (98.5%)  | 2,124 | (98.8%)  | 7,622    | (98.4%)  | 3,343 (99.1%)  |
| 5点～6点   | 0   | (0.0%)   | 2    | (0.3%)   | 2   | (0.5%)   | 17    | (0.4%)   | 7     | (0.3%)   | 28       | (0.4%)   | 6 (0.2%)       |
| 7点～9点   | 0   | (0.0%)   | 3    | (0.4%)   | 4   | (1.0%)   | 17    | (0.4%)   | 5     | (0.2%)   | 29       | (0.4%)   | 6 (0.2%)       |
| 10点～12点 | 2   | (0.7%)   | 9    | (1.2%)   | 0   | (0.0%)   | 20    | (0.5%)   | 5     | (0.2%)   | 36       | (0.5%)   | 10 (0.3%)      |
| 13点～15点 | 0   | (0.0%)   | 1    | (0.1%)   | 3   | (0.8%)   | 4     | (0.1%)   | 4     | (0.2%)   | 12       | (0.2%)   | 1 (0.0%)       |
| 16点～18点 | 0   | (0.0%)   | 4    | (0.5%)   | 2   | (0.5%)   | 6     | (0.1%)   | 5     | (0.2%)   | 17       | (0.2%)   | 6 (0.2%)       |
| 計       | 289 | (100.0%) | 738  | (100.0%) | 392 | (100.0%) | 4,175 | (100.0%) | 2,150 | (100.0%) | 7,744    | (100.0%) | 3,372 (100.0%) |

註) (キ)の4項目がいずれも「自立」の時に4点となり、自立度が低下するほど得点は大きくなる。

## (ケ)認知機能(Cognitive Performance Scale評点)(主治医 問14J・K・I 問19C)

| 認知機能点数       | 1国立 |          | 2自治体 |          | 3大学 |          | 4日精協  |          | 5日精診  |          | 合計       |          |                |
|--------------|-----|----------|------|----------|-----|----------|-------|----------|-------|----------|----------|----------|----------------|
|              |     |          |      |          |     |          |       |          |       |          | うち、註)の疾患 |          |                |
| 0 障害なし       | 129 | (44.3%)  | 358  | (48.6%)  | 180 | (46.0%)  | 1,797 | (42.8%)  | 1,144 | (53.5%)  | 3,608    | (46.5%)  | 2,445 (65.0%)  |
| 1 境界的である     | 40  | (13.7%)  | 89   | (12.1%)  | 70  | (17.9%)  | 525   | (12.5%)  | 244   | (11.4%)  | 968      | (12.5%)  | 408 (10.9%)    |
| 2 軽度の障害がある   | 93  | (32.0%)  | 217  | (29.4%)  | 109 | (27.9%)  | 1,465 | (34.9%)  | 536   | (25.1%)  | 2,420    | (31.2%)  | 680 (18.1%)    |
| 3 中程度の障害がある  | 15  | (5.2%)   | 31   | (4.2%)   | 12  | (3.1%)   | 202   | (4.8%)   | 104   | (4.9%)   | 364      | (4.7%)   | 104 (2.8%)     |
| 4 やや重度の障害がある | 13  | (4.5%)   | 34   | (4.6%)   | 18  | (4.6%)   | 172   | (4.1%)   | 94    | (4.4%)   | 331      | (4.3%)   | 92 (2.4%)      |
| 5 重度の障害がある   | 1   | (0.3%)   | 8    | (1.1%)   | 1   | (0.3%)   | 35    | (0.8%)   | 14    | (0.7%)   | 59       | (0.8%)   | 29 (0.8%)      |
| 6 最重度の障害がある  | 0   | (0.0%)   | 0    | (0.0%)   | 1   | (0.3%)   | 0     | (0.0%)   | 3     | (0.1%)   | 4        | (0.1%)   | 1 (0.0%)       |
| 計            | 291 | (100.0%) | 737  | (100.0%) | 391 | (100.0%) | 4,196 | (100.0%) | 2,139 | (100.0%) | 7,754    | (100.0%) | 3,759 (100.0%) |

註)統合失調症(F20)、その他の精神病性障害(F21-29)、精神遅滞(F7)、心理的発達の障害(F8)、小児期・青年期に発症する行動・情緒の障害(F90-98)を除く精神疾患

(コ) IADL(手段的日常生活動作)各項目の実施状況と困難度(主治医 問20)

a.食事の用意

|        | 状態       | 1国立         | 2自治体        | 3大学         | 4日精協          | 5日精診          | 合計            | うち、統合失調症      |
|--------|----------|-------------|-------------|-------------|---------------|---------------|---------------|---------------|
| ア.実施状況 | 0 自立     | 142 (48.8%) | 381 (51.6%) | 226 (57.4%) | 2,068 (49.2%) | 1,233 (57.5%) | 4,050 (52.1%) | 1,343 (39.6%) |
|        | 1 時に援助   | 60 (20.6%)  | 145 (19.6%) | 68 (17.3%)  | 885 (21.1%)   | 427 (19.9%)   | 1,585 (20.4%) | 859 (25.3%)   |
|        | 2 いつも援助  | 36 (12.4%)  | 65 (8.8%)   | 45 (11.4%)  | 486 (11.6%)   | 194 (9.0%)    | 826 (10.6%)   | 487 (14.4%)   |
|        | 3 全面他者   | 30 (10.3%)  | 103 (13.9%) | 35 (8.9%)   | 560 (13.3%)   | 218 (10.2%)   | 946 (12.2%)   | 518 (15.3%)   |
|        | 4 活動なし   | 23 (7.9%)   | 45 (6.1%)   | 20 (5.1%)   | 205 (4.9%)    | 72 (3.4%)     | 365 (4.7%)    | 184 (5.4%)    |
|        | 無回答      | 2 -         | 8 -         | 5 -         | 59 -          | 25 -          | 99 -          | 32 -          |
| イ.困難度  | 0 問題ない   | 121 (49.2%) | 344 (52.1%) | 173 (56.7%) | 1,857 (50.4%) | 1,077 (56.4%) | 3,572 (52.5%) | 1,201 (40.3%) |
|        | 1 いくらか困難 | 100 (40.7%) | 230 (34.8%) | 103 (33.8%) | 1,415 (38.4%) | 664 (34.8%)   | 2,512 (36.9%) | 1,378 (46.3%) |
|        | 2 非常に困難  | 25 (10.2%)  | 86 (13.0%)  | 29 (9.5%)   | 415 (11.3%)   | 168 (8.8%)    | 723 (10.6%)   | 400 (13.4%)   |
|        | 無回答      | 47 -        | 87 -        | 94 -        | 576 -         | 260 -         | 1,064 -       | 444 -         |
| 計      |          | 293 -       | 747 -       | 399 -       | 4,263 -       | 2,169 -       | 7,871 -       | 3,423 -       |

b.家事一般

|        | 状態       | 1国立         | 2自治体        | 3大学         | 4日精協          | 5日精診          | 合計            | うち、統合失調症      |
|--------|----------|-------------|-------------|-------------|---------------|---------------|---------------|---------------|
| ア.実施状況 | 0 自立     | 146 (50.2%) | 396 (53.7%) | 226 (57.5%) | 2,138 (50.9%) | 1,225 (57.2%) | 4,131 (53.2%) | 1,393 (41.1%) |
|        | 1 時に援助   | 74 (25.4%)  | 172 (23.3%) | 93 (23.7%)  | 1,090 (26.0%) | 486 (22.7%)   | 1,915 (24.7%) | 1,062 (31.4%) |
|        | 2 いつも援助  | 31 (10.7%)  | 76 (10.3%)  | 41 (10.4%)  | 498 (11.9%)   | 222 (10.4%)   | 868 (11.2%)   | 513 (15.2%)   |
|        | 3 全面他者   | 27 (9.3%)   | 63 (8.5%)   | 25 (6.4%)   | 354 (8.4%)    | 166 (7.7%)    | 635 (8.2%)    | 325 (9.6%)    |
|        | 4 活動なし   | 13 (4.5%)   | 31 (4.2%)   | 8 (2.0%)    | 118 (2.8%)    | 44 (2.1%)     | 214 (2.8%)    | 93 (2.7%)     |
|        | 複数回答     | 0 -         | 0 -         | 0 -         | 1 -           | 0 -           | 1 -           | 1 -           |
| イ.困難度  | 無回答      | 2 -         | 9 -         | 6 -         | 64 -          | 26 -          | 107 -         | 36 -          |
|        | 0 問題ない   | 122 (49.8%) | 348 (52.9%) | 175 (57.6%) | 1,897 (51.5%) | 1,062 (55.6%) | 3,604 (53.0%) | 1,227 (41.2%) |
|        | 1 いくらか困難 | 103 (42.0%) | 250 (38.0%) | 107 (35.2%) | 1,509 (40.9%) | 709 (37.1%)   | 2,678 (39.4%) | 1,494 (50.2%) |
|        | 2 非常に困難  | 20 (8.2%)   | 60 (9.1%)   | 22 (7.2%)   | 280 (7.6%)    | 138 (7.2%)    | 520 (7.6%)    | 258 (8.7%)    |
|        | 複数回答     | 0 -         | 0 -         | 0 -         | 1 -           | 0 -           | 1 -           | 1 -           |
| 計      |          | 293 -       | 747 -       | 399 -       | 4,263 -       | 2,169 -       | 7,871 -       | 3,423 -       |

c.金銭管理

|        | 状態       | 1国立         | 2自治体        | 3大学         | 4日精協          | 5日精診          | 合計            | うち、統合失調症      |
|--------|----------|-------------|-------------|-------------|---------------|---------------|---------------|---------------|
| ア.実施状況 | 0 自立     | 201 (69.1%) | 482 (65.3%) | 283 (71.8%) | 2,573 (61.3%) | 1,547 (72.2%) | 5,086 (65.5%) | 1,761 (52.0%) |
|        | 1 時に援助   | 44 (15.1%)  | 127 (17.2%) | 49 (12.4%)  | 921 (21.9%)   | 339 (15.8%)   | 1,480 (19.1%) | 935 (27.6%)   |
|        | 2 いつも援助  | 29 (10.0%)  | 60 (8.1%)   | 31 (7.9%)   | 339 (8.1%)    | 139 (6.5%)    | 598 (7.7%)    | 391 (11.5%)   |
|        | 3 全面他者   | 9 (3.1%)    | 54 (7.3%)   | 23 (5.8%)   | 248 (5.9%)    | 83 (3.9%)     | 417 (5.4%)    | 225 (6.6%)    |
|        | 4 活動なし   | 8 (2.7%)    | 15 (2.0%)   | 8 (2.0%)    | 115 (2.7%)    | 36 (1.7%)     | 182 (2.3%)    | 75 (2.2%)     |
|        | 無回答      | 2 -         | 9 -         | 5 -         | 67 -          | 25 -          | 108 -         | 36 -          |
| イ.困難度  | 0 問題ない   | 163 (66.3%) | 428 (64.9%) | 213 (70.3%) | 2,252 (61.1%) | 1,355 (71.2%) | 4,411 (64.9%) | 1,538 (51.7%) |
|        | 1 いくらか困難 | 67 (27.2%)  | 176 (26.7%) | 68 (22.4%)  | 1,170 (31.8%) | 436 (22.9%)   | 1,917 (28.2%) | 1,219 (40.9%) |
|        | 2 非常に困難  | 16 (6.5%)   | 55 (8.3%)   | 22 (7.3%)   | 263 (7.1%)    | 111 (5.8%)    | 467 (6.9%)    | 220 (7.4%)    |
|        | 複数回答     | 0 -         | 0 -         | 0 -         | 0 -           | 1 -           | 1 -           | 1 -           |
|        | 無回答      | 47 -        | 88 -        | 96 -        | 578 -         | 266 -         | 1,075 -       | 445 -         |
| 計      |          | 293 -       | 747 -       | 399 -       | 4,263 -       | 2,169 -       | 7,871 -       | 3,423 -       |

d.薬の管理

|        | 状態       | 1国立         | 2自治体        | 3大学         | 4日精協          | 5日精診          | 合計            | うち、統合失調症      |
|--------|----------|-------------|-------------|-------------|---------------|---------------|---------------|---------------|
| ア.実施状況 | 0 自立     | 233 (80.1%) | 552 (74.7%) | 318 (80.7%) | 3,060 (72.8%) | 1,724 (80.5%) | 5,887 (75.8%) | 2,266 (66.8%) |
|        | 1 時に援助   | 36 (12.4%)  | 103 (13.9%) | 37 (9.4%)   | 724 (17.2%)   | 277 (12.9%)   | 1,177 (15.2%) | 770 (22.7%)   |
|        | 2 いつも援助  | 12 (4.1%)   | 44 (6.0%)   | 19 (4.8%)   | 233 (5.5%)    | 73 (3.4%)     | 381 (4.9%)    | 243 (7.2%)    |
|        | 3 全面他者   | 7 (2.4%)    | 23 (3.1%)   | 18 (4.6%)   | 126 (3.0%)    | 48 (2.2%)     | 222 (2.9%)    | 93 (2.7%)     |
|        | 4 活動なし   | 3 (1.0%)    | 17 (2.3%)   | 2 (0.5%)    | 59 (1.4%)     | 19 (0.9%)     | 100 (1.3%)    | 20 (0.6%)     |
|        | 無回答      | 2 -         | 8 -         | 5 -         | 61 -          | 28 -          | 104 -         | 31 -          |
| イ.困難度  | 0 問題ない   | 191 (78.0%) | 481 (73.2%) | 242 (79.6%) | 2,695 (73.1%) | 1,492 (78.5%) | 5,101 (75.1%) | 1,972 (66.3%) |
|        | 1 いくらか困難 | 44 (18.0%)  | 136 (20.7%) | 49 (16.1%)  | 845 (22.9%)   | 348 (18.3%)   | 1,422 (20.9%) | 903 (30.4%)   |
|        | 2 非常に困難  | 10 (4.1%)   | 40 (6.1%)   | 13 (4.3%)   | 145 (3.9%)    | 61 (3.2%)     | 269 (4.0%)    | 99 (3.3%)     |
|        | 無回答      | 48 -        | 90 -        | 95 -        | 578 -         | 268 -         | 1,079 -       | 449 -         |
| 計      |          | 293 -       | 747 -       | 399 -       | 4,263 -       | 2,169 -       | 7,871 -       | 3,423 -       |

## e.電話の利用

|        | 状態         | 1国立 |         | 2自治体 |         | 3大学 |         | 4日精協  |         | 5日精診  |         | 合計    |         | うち、統合失調症 |         |
|--------|------------|-----|---------|------|---------|-----|---------|-------|---------|-------|---------|-------|---------|----------|---------|
|        |            |     |         |      |         |     |         |       |         |       |         |       |         |          |         |
| ア.実施状況 | 0 自立       | 254 | (87.3%) | 611  | (82.9%) | 334 | (84.8%) | 3,457 | (82.3%) | 1,838 | (85.8%) | 6,494 | (83.6%) | 2,661    | (78.5%) |
|        | 1 時に援助     | 18  | (6.2%)  | 62   | (8.4%)  | 29  | (7.4%)  | 431   | (10.3%) | 178   | (8.3%)  | 718   | (9.2%)  | 460      | (13.6%) |
|        | 2 いつも援助    | 8   | (2.7%)  | 21   | (2.8%)  | 13  | (3.3%)  | 125   | (3.0%)  | 43    | (2.0%)  | 210   | (2.7%)  | 119      | (3.5%)  |
|        | 3 全面他者     | 6   | (2.1%)  | 20   | (2.7%)  | 9   | (2.3%)  | 58    | (1.4%)  | 35    | (1.6%)  | 128   | (1.6%)  | 48       | (1.4%)  |
|        | 4 活動なし     | 5   | (1.7%)  | 23   | (3.1%)  | 9   | (2.3%)  | 131   | (3.1%)  | 49    | (2.3%)  | 217   | (2.8%)  | 101      | (3.0%)  |
|        | 複数回答       | 0   | -       | 0    | -       | 0   | -       | 1     | -       | 0     | -       | 1     | -       | 1        | -       |
| イ.困難度  | 無回答        | 2   | -       | 10   | -       | 5   | -       | 60    | -       | 26    | -       | 103   | -       | 33       | -       |
|        | 0 問題ない     | 210 | (85.4%) | 529  | (80.5%) | 248 | (81.3%) | 3,004 | (81.6%) | 1,602 | (84.1%) | 5,593 | (82.3%) | 2,305    | (77.5%) |
|        | 1 いくらくらい困難 | 29  | (11.8%) | 93   | (14.2%) | 42  | (13.8%) | 540   | (14.7%) | 239   | (12.6%) | 943   | (13.9%) | 572      | (19.2%) |
|        | 2 非常に困難    | 7   | (2.8%)  | 35   | (5.3%)  | 15  | (4.9%)  | 137   | (3.7%)  | 63    | (3.3%)  | 257   | (3.8%)  | 97       | (3.3%)  |
|        | 複数回答       | 0   | -       | 0    | -       | 0   | -       | 1     | -       | 0     | -       | 1     | -       | 0        | -       |
|        | 無回答        | 47  | -       | 90   | -       | 94  | -       | 581   | -       | 265   | -       | 1,077 | -       | 449      | -       |
| 計      |            | 293 | -       | 747  | -       | 399 | -       | 4,263 | -       | 2,169 | -       | 7,871 | -       | 3,423    | -       |

## f.買い物

|        | 状態         | 1国立 |         | 2自治体 |         | 3大学 |         | 4日精協  |         | 5日精診  |         | 合計    |         | うち、統合失調症 |         |
|--------|------------|-----|---------|------|---------|-----|---------|-------|---------|-------|---------|-------|---------|----------|---------|
|        |            |     |         |      |         |     |         |       |         |       |         |       |         |          |         |
| ア.実施状況 | 0 自立       | 211 | (72.5%) | 533  | (72.2%) | 288 | (73.1%) | 2,977 | (70.9%) | 1,586 | (74.0%) | 5,595 | (72.0%) | 2,199    | (64.9%) |
|        | 1 時に援助     | 45  | (15.5%) | 111  | (15.0%) | 64  | (16.2%) | 765   | (18.2%) | 374   | (17.5%) | 1,359 | (17.5%) | 811      | (23.9%) |
|        | 2 いつも援助    | 20  | (6.9%)  | 43   | (5.8%)  | 24  | (6.1%)  | 224   | (5.3%)  | 86    | (4.0%)  | 397   | (5.1%)  | 223      | (6.6%)  |
|        | 3 全面他者     | 8   | (2.7%)  | 35   | (4.7%)  | 12  | (3.0%)  | 140   | (3.3%)  | 54    | (2.5%)  | 249   | (3.2%)  | 98       | (2.9%)  |
|        | 4 活動なし     | 7   | (2.4%)  | 16   | (2.2%)  | 6   | (1.5%)  | 95    | (2.3%)  | 43    | (2.0%)  | 167   | (2.2%)  | 57       | (1.7%)  |
|        | 無回答        | 2   | -       | 9    | -       | 5   | -       | 62    | -       | 26    | -       | 104   | -       | 35       | -       |
| イ.困難度  | 0 問題ない     | 181 | (73.6%) | 457  | (69.6%) | 211 | (69.4%) | 2,608 | (70.8%) | 1,345 | (70.6%) | 4,802 | (70.7%) | 1,909    | (64.2%) |
|        | 1 いくらくらい困難 | 55  | (22.4%) | 158  | (24.0%) | 83  | (27.3%) | 892   | (24.2%) | 483   | (25.3%) | 1,671 | (24.6%) | 949      | (31.9%) |
|        | 2 非常に困難    | 10  | (4.1%)  | 42   | (6.4%)  | 10  | (3.3%)  | 182   | (4.9%)  | 78    | (4.1%)  | 322   | (4.7%)  | 117      | (3.9%)  |
|        | 無回答        | 47  | -       | 90   | -       | 95  | -       | 581   | -       | 263   | -       | 1,076 | -       | 448      | -       |
| 計      |            | 293 | -       | 747  | -       | 399 | -       | 4,263 | -       | 2,169 | -       | 7,871 | -       | 3,423    | -       |

## g.交通手段の利用

|        | 状態         | 1国立 |         | 2自治体 |         | 3大学 |         | 4日精協  |         | 5日精診  |         | 合計    |         | うち、統合失調症 |         |
|--------|------------|-----|---------|------|---------|-----|---------|-------|---------|-------|---------|-------|---------|----------|---------|
|        |            |     |         |      |         |     |         |       |         |       |         |       |         |          |         |
| ア.実施状況 | 0 自立       | 235 | (81.0%) | 563  | (76.4%) | 312 | (79.2%) | 3,195 | (76.1%) | 1,764 | (82.3%) | 6,069 | (78.2%) | 2,475    | (73.0%) |
|        | 1 時に援助     | 26  | (9.0%)  | 82   | (11.1%) | 43  | (10.9%) | 572   | (13.6%) | 225   | (10.5%) | 948   | (12.2%) | 572      | (16.9%) |
|        | 2 いつも援助    | 16  | (5.5%)  | 45   | (6.1%)  | 23  | (5.8%)  | 190   | (4.5%)  | 70    | (3.3%)  | 344   | (4.4%)  | 187      | (5.5%)  |
|        | 3 全面他者     | 4   | (1.4%)  | 26   | (3.5%)  | 8   | (2.0%)  | 96    | (2.3%)  | 33    | (1.5%)  | 167   | (2.2%)  | 53       | (1.6%)  |
|        | 4 活動なし     | 9   | (3.1%)  | 21   | (2.8%)  | 8   | (2.0%)  | 146   | (3.5%)  | 51    | (2.4%)  | 235   | (3.0%)  | 102      | (3.0%)  |
|        | 無回答        | 3   | -       | 10   | -       | 5   | -       | 64    | -       | 26    | -       | 108   | -       | 34       | -       |
| イ.困難度  | 0 問題ない     | 187 | (76.3%) | 477  | (72.5%) | 227 | (74.4%) | 2,758 | (75.1%) | 1,489 | (78.2%) | 5,138 | (75.7%) | 2,115    | (71.2%) |
|        | 1 いくらくらい困難 | 49  | (20.0%) | 140  | (21.3%) | 64  | (21.0%) | 749   | (20.4%) | 334   | (17.6%) | 1,336 | (19.7%) | 754      | (25.4%) |
|        | 2 非常に困難    | 9   | (3.7%)  | 41   | (6.2%)  | 14  | (4.6%)  | 166   | (4.5%)  | 80    | (4.2%)  | 310   | (4.6%)  | 102      | (3.4%)  |
|        | 無回答        | 48  | -       | 89   | -       | 94  | -       | 590   | -       | 266   | -       | 1,087 | -       | 452      | -       |
| 計      |            | 293 | -       | 747  | -       | 399 | -       | 4,263 | -       | 2,169 | -       | 7,871 | -       | 3,423    | -       |

#### 4. 現在の生活での不安

##### (ア) 現在の生活で不安なこと(複数回答可)(本人 問6)

|                | 1国立         | 2自治体        | 3大学         | 4日精協          | 5日精診        | 合計            |               |
|----------------|-------------|-------------|-------------|---------------|-------------|---------------|---------------|
|                |             |             |             |               |             | うち、統合失調症      |               |
| ①病気の再発や悪化      | 107 (45.5%) | 317 (50.8%) | 184 (59.7%) | 1,745 (50.1%) | 884 (56.6%) | 3,237 (52.1%) | 1,409 (49.5%) |
| ②家族との関係        | 52 (22.1%)  | 135 (21.6%) | 77 (25.0%)  | 753 (21.6%)   | 410 (26.2%) | 1,427 (23.0%) | 610 (21.4%)   |
| ③ひとり暮らし        | 29 (12.3%)  | 76 (12.2%)  | 41 (13.3%)  | 491 (14.1%)   | 255 (16.3%) | 892 (14.4%)   | 476 (16.7%)   |
| ④入院前の仕事に復職できるか | 10 (4.3%)   | 32 (5.1%)   | 15 (4.9%)   | 164 (4.7%)    | 62 (4.0%)   | 283 (4.6%)    | 151 (5.3%)    |
| ⑤仕事が見つかるか      | 46 (19.6%)  | 124 (19.9%) | 71 (23.1%)  | 772 (22.1%)   | 392 (25.1%) | 1,405 (22.6%) | 738 (25.9%)   |
| ⑥年金がもらえるか      | 32 (13.6%)  | 74 (11.9%)  | 38 (12.3%)  | 449 (12.9%)   | 225 (14.4%) | 818 (13.2%)   | 447 (15.7%)   |
| ⑦経済的なこと        | 90 (38.3%)  | 227 (36.4%) | 107 (34.7%) | 1,279 (36.7%) | 673 (43.1%) | 2,376 (38.2%) | 1,140 (40.1%) |
| ⑧住居について        | 24 (10.2%)  | 59 (9.5%)   | 30 (9.7%)   | 398 (11.4%)   | 208 (13.3%) | 719 (11.6%)   | 386 (13.6%)   |
| ⑨その他           | 15 (6.4%)   | 54 (8.7%)   | 38 (12.3%)  | 265 (7.6%)    | 182 (11.6%) | 554 (8.9%)    | 207 (7.3%)    |
| ⑩特にない          | 52 (22.1%)  | 134 (21.5%) | 50 (16.2%)  | 720 (20.7%)   | 237 (15.2%) | 1,193 (19.2%) | 513 (18.0%)   |
| 無回答            | 45 -        | 134 -       | 85 -        | 714 -         | 441 -       | 1,419 -       | 493 -         |
| 計              | 280 -       | 758 -       | 393 -       | 4,200 -       | 2,004 -     | 7,635 -       | 3,338 -       |